



TOHOKU  
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# The ALP miracle: unified inflaton and DM

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1702.03284  
1710.11107

# Outline

## Part1: アクションのレビュー

アクションとは？

アクション探索の現状

## Part2: The ALP miracle

イントロダクション

インフレーション

再加熱と暗黒物質

まとめ

# Strong CP problem

標準模型の強い相互作用のラグランジアンには  $\theta$  項が存在する。

$$\mathcal{L} \supset \theta \frac{g_s^2}{32\pi^2} G^{a\mu\nu} \tilde{G}_{\mu\nu}^a \quad \text{↗} \quad \cancel{\text{CP}} \quad \cancel{\text{P}}$$

$\theta$  : パラメータ     $G_{\mu\nu}^a$  : グルーオン場     $\tilde{G}_{\mu\nu}^a \equiv \epsilon_{\mu\nu\rho\sigma} G^{a\rho\sigma}$

中性子の電気双極子モーメントの測定によって  $\theta$  パラメータの大きさに強い制限がついている。

$$|\theta| \lesssim 10^{-10}$$

Baker et al. 2006

なぜこんなに  $\theta$  は小さい？

# Axion

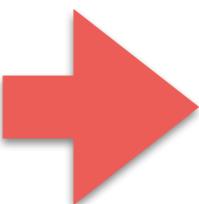
$U(1)_{\text{PQ}}$  対称性を課す ( $U(1)_{\text{PQ}} SU(3)^2$  anomaly)

Peccei, Quinn 1977

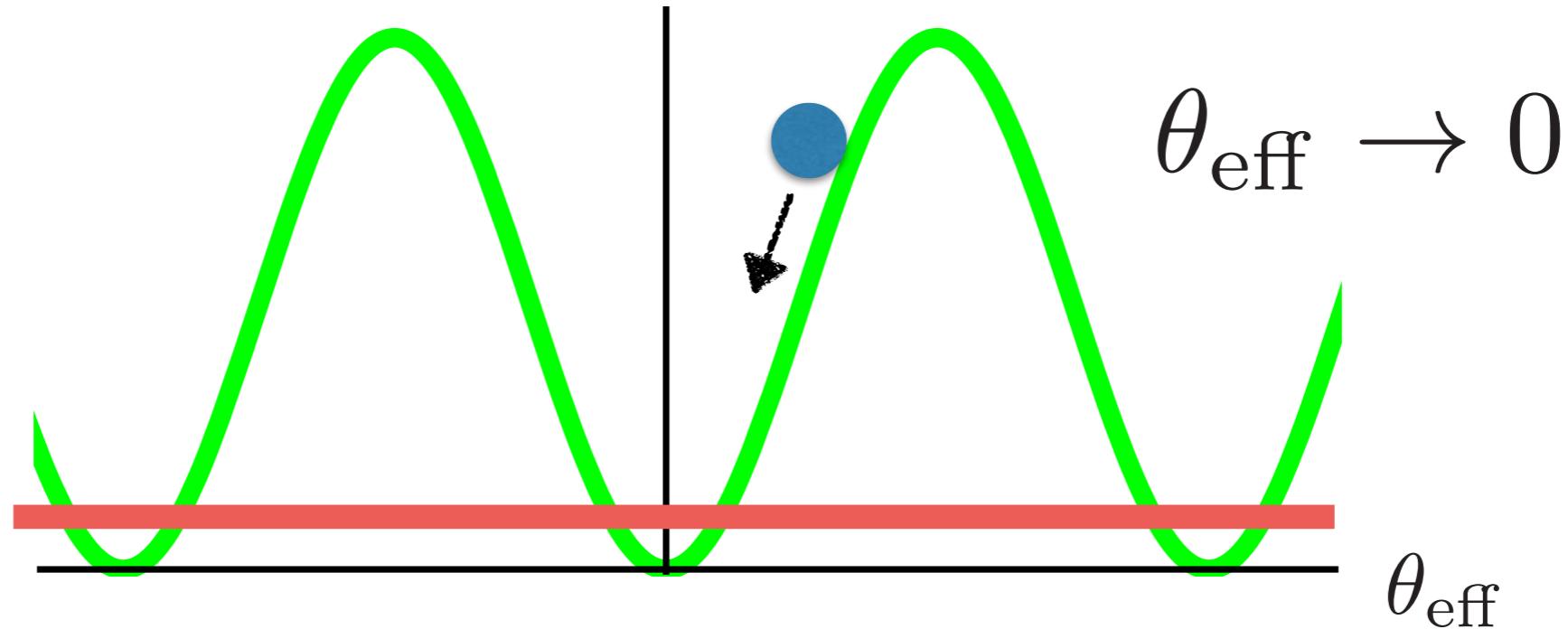
$$\left( \theta + \frac{a(x)}{F_a} \right) \frac{g_s^2}{32\pi^2} G^{a\mu\nu} \tilde{G}_{\mu\nu}^a$$

$a$  : 擬NGボソン = アクシオン  
 $F_a$  : 崩壊定数  
(~対称性の破れのスケール)  
 $= \theta_{\text{eff}}$

$$V = \text{const}$$



$$V \simeq \Lambda^4 \left[ 1 - \cos \left( \frac{a}{F_a} \right) \right]$$



ダイナミカルに strong CP 問題を解決できる

# Axion

## 特徴

- ・ 非摂動的な効果により周期的なポテンシャルを持つ。

$$V \simeq \Lambda^4 \left[ 1 - \cos \left( \frac{a}{F_a} \right) \right]$$

- ・ 2つのパラメータで特徴付けられる。

崩壊定数:  $F_a$  質量:  $m_a \equiv \frac{\Lambda^2}{F_a}$

e.g.

### ■ QCDアクション (1パラメータ)

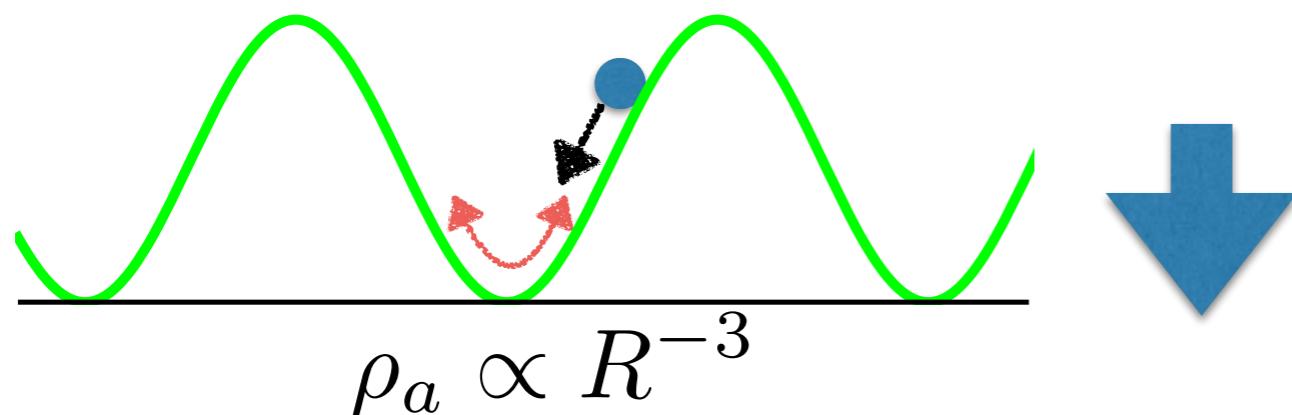
$$m_a(T) = \begin{cases} 4.05 \times 10^{-4} \frac{\Lambda_{\text{QCD}}^2}{F_a} \left( \frac{T}{\Lambda_{\text{QCD}}} \right)^{-3.34} & T > 0.26\Lambda_{\text{QCD}} \\ 3.82 \times 10^{-2} \frac{\Lambda_{\text{QCD}}^2}{F_a} & T < 0.26\Lambda_{\text{QCD}} \end{cases} \quad \Lambda_{\text{QCD}} = \mathcal{O}(100) \text{ MeV}$$

O. Wantz, E. P. S. Shellard 2009

### ■ ストリングアクション

# Axion Dark Matter

- ・アクシオンは他の粒子とほとんど相互作用せず、かつ非常に軽いので宇宙年齢より長い寿命を持つ。
- ・ポテンシャルを振動するスカラー場は、**非相対論的粒子**として振る舞う

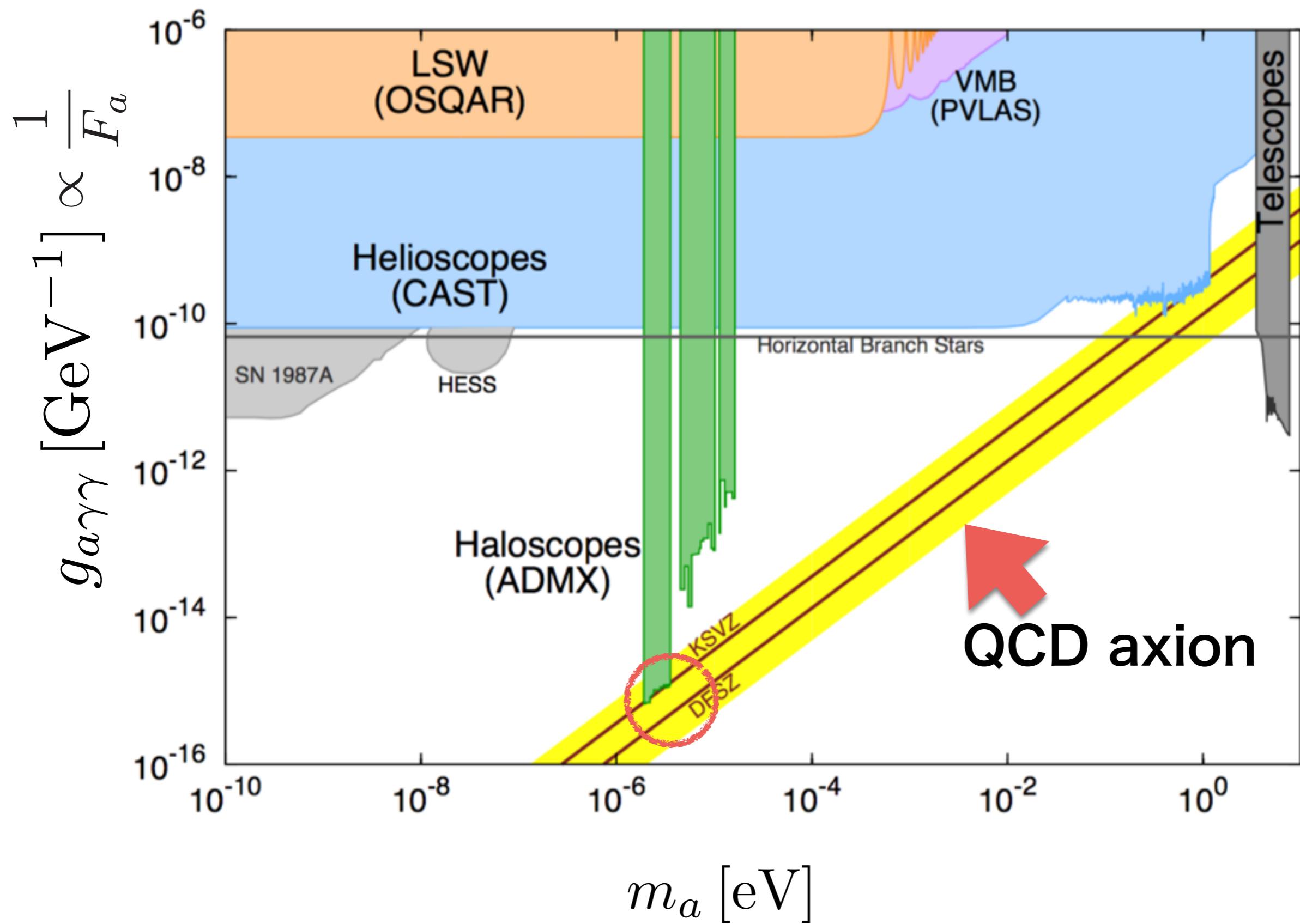


$$\text{cf. } w \equiv \frac{P}{\rho} = \frac{n-2}{n+2} \text{ for } \phi^n$$

アクシオンは暗黒物質に寄与する。

$$\text{QCD axion } \Omega_a h^2 \simeq 0.18 \theta_i^2 \left( \frac{F_a}{10^{12} \text{ GeV}} \right)^{1.19} \left( \frac{\Lambda_{\text{QCD}}}{400 \text{ MeV}} \right)$$

$$\text{ALP } \Omega_{\text{ALP}} h^2 \simeq 0.50 \theta_i^2 \left( \frac{F_a}{10^{12} \text{ GeV}} \right)^2 \left( \frac{m_a}{0.01 \text{ eV}} \right)^{1/2}$$



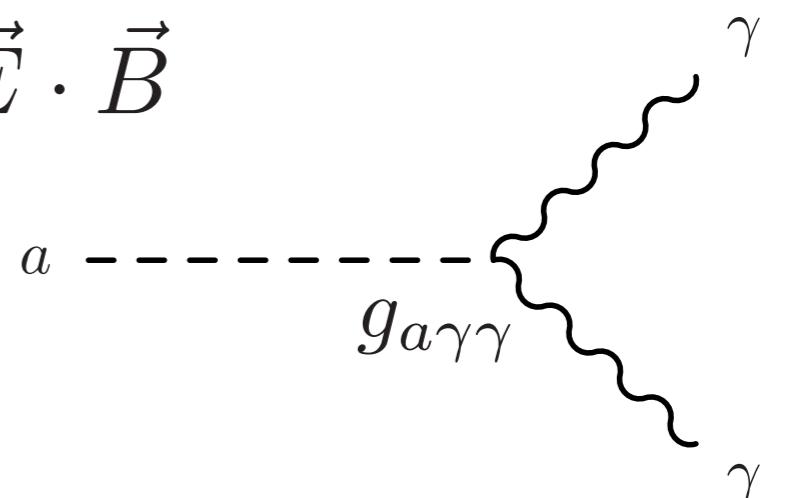
# Axion Coupling

アクションは一般に光子や電子、核子に結合する。

光子

$$\mathcal{L}_{a\gamma\gamma} = -\frac{g_{a\gamma\gamma}}{4} a F_{\mu\nu} \tilde{F}^{\mu\nu} = g_{a\gamma\gamma} \vec{E} \cdot \vec{B}$$

$$g_{a\gamma\gamma} \equiv \frac{c_\gamma \alpha}{\pi F_a} \sim 10^{-3} \frac{c_\gamma}{F_a}$$

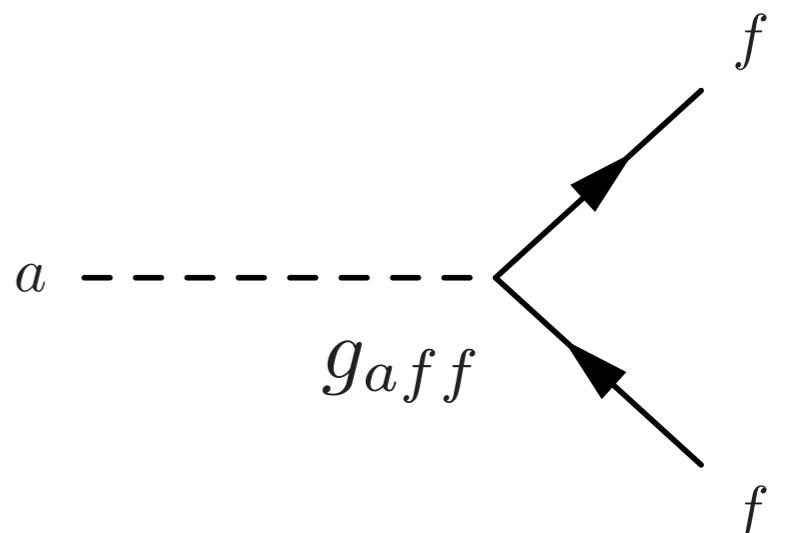


電子、核子

$$\mathcal{L}_{aff} = -ig_{aff} a \bar{\Psi}_f \gamma_5 \Psi_f$$

$$g_{aee} \equiv \frac{c_e m_e}{F_a} \sim 10^{-3} \frac{c_e}{F_a/\text{GeV}}$$

$$g_{aN\bar{N}} \equiv \frac{c_N m_N}{F_a} \sim \frac{c_N}{F_a/\text{GeV}}$$



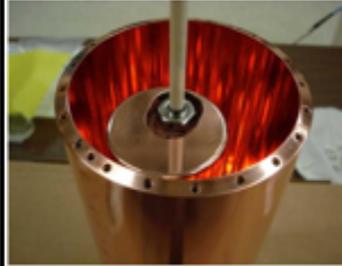
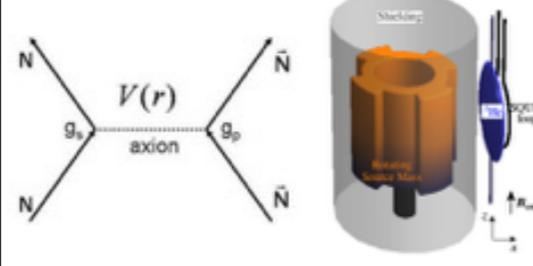
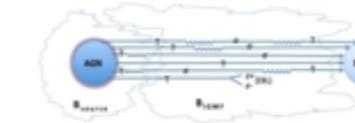
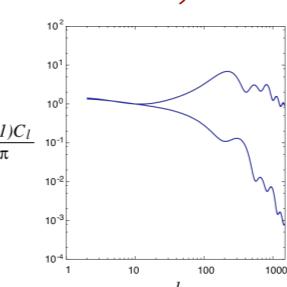
$$N = p, n$$

# アクション探索

from F. Takahashi's slide

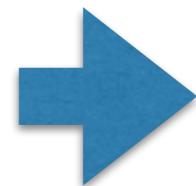


## 生成過程

	地上	天体起源	初期宇宙	
検出方法	直接	LSTW, Photon pol. ALPS,OSQAR, PVLAS,	Solar axion CAST, IAXO,TASTE	Axion DM ADMX, CAPP, ORPHEUS LC-circuits, CASPER, XMASS, EDELWISE, XENON100.
	間接	Fifth force ARIADNE	Excessive cooling of WD, RGB, HB, NS Spectral irreg. Transparency Fermi, IACT.	Isocurvature, DR, spectral distortion, caustics, GW, etc. Planck, COrE+, PIXIE
				 
				 

# Axion and Astrophysics

星の中のプラズマ（光子、電子など）から生成されたアクシオンは、外へとエネルギーを持ち出し、冷却剤としてはたらく。



相互作用の大きさに上限がつく

$m_a \lesssim \text{few} \times 10 \text{ keV}$  のアクシオンに対して

- **Horizontal Branch stars**

$$g_{a\gamma\gamma} < 6.6 \times 10^{-11} \text{ GeV}^{-1}$$

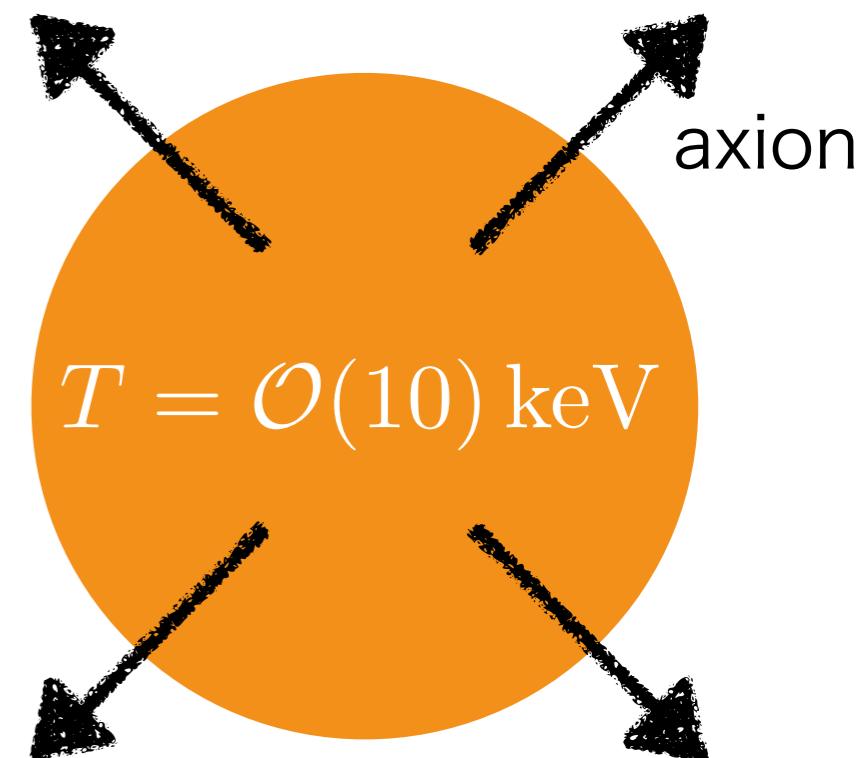
$$F_a \gtrsim 3c_\gamma \times 10^7 \text{ GeV}$$

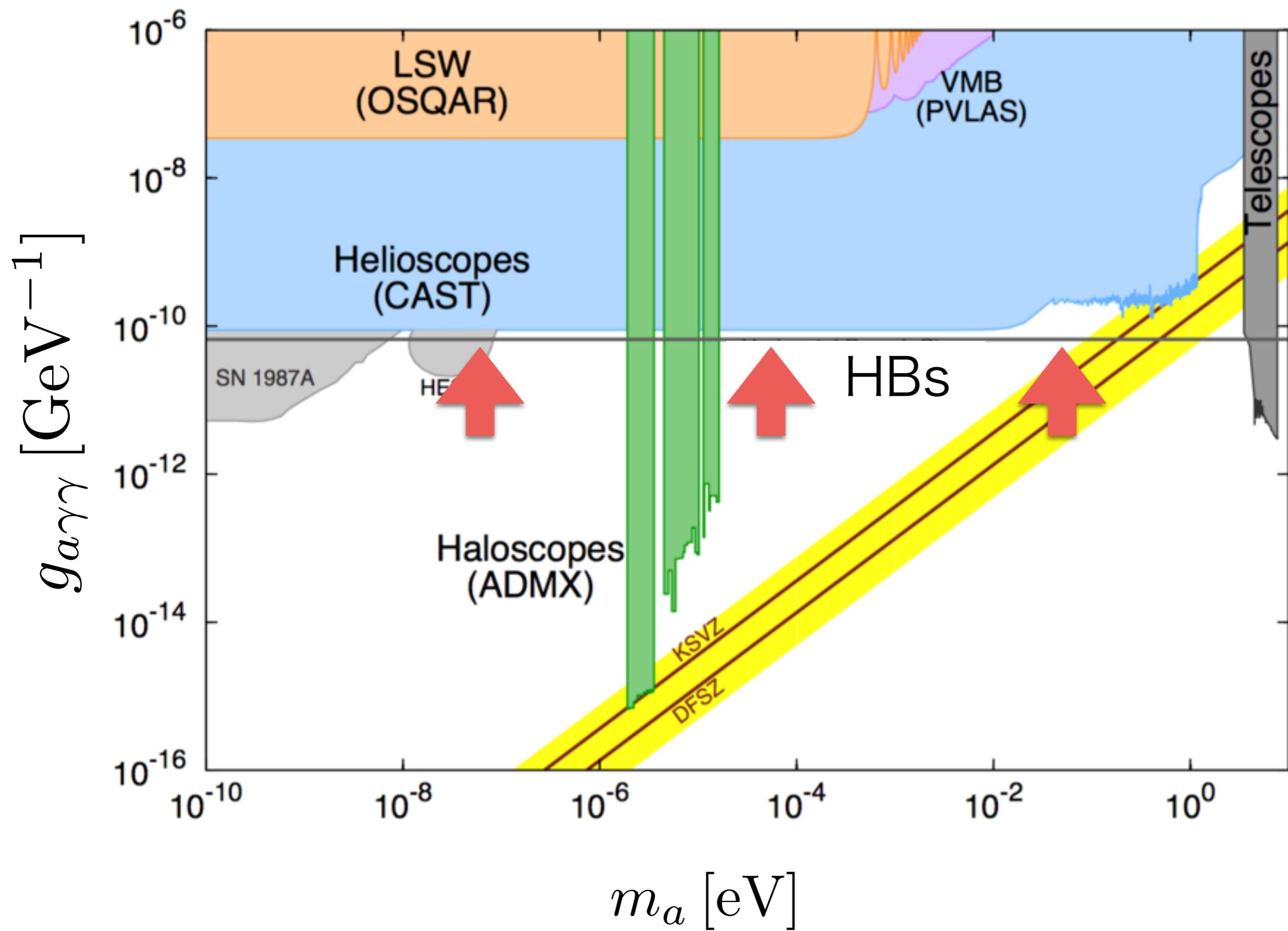
- **Red Giants**

$$g_{aee} < 4.3 \times 10^{-13}$$

$$F_a \gtrsim c_e \times 10^9 \text{ GeV}$$

PDG 2016





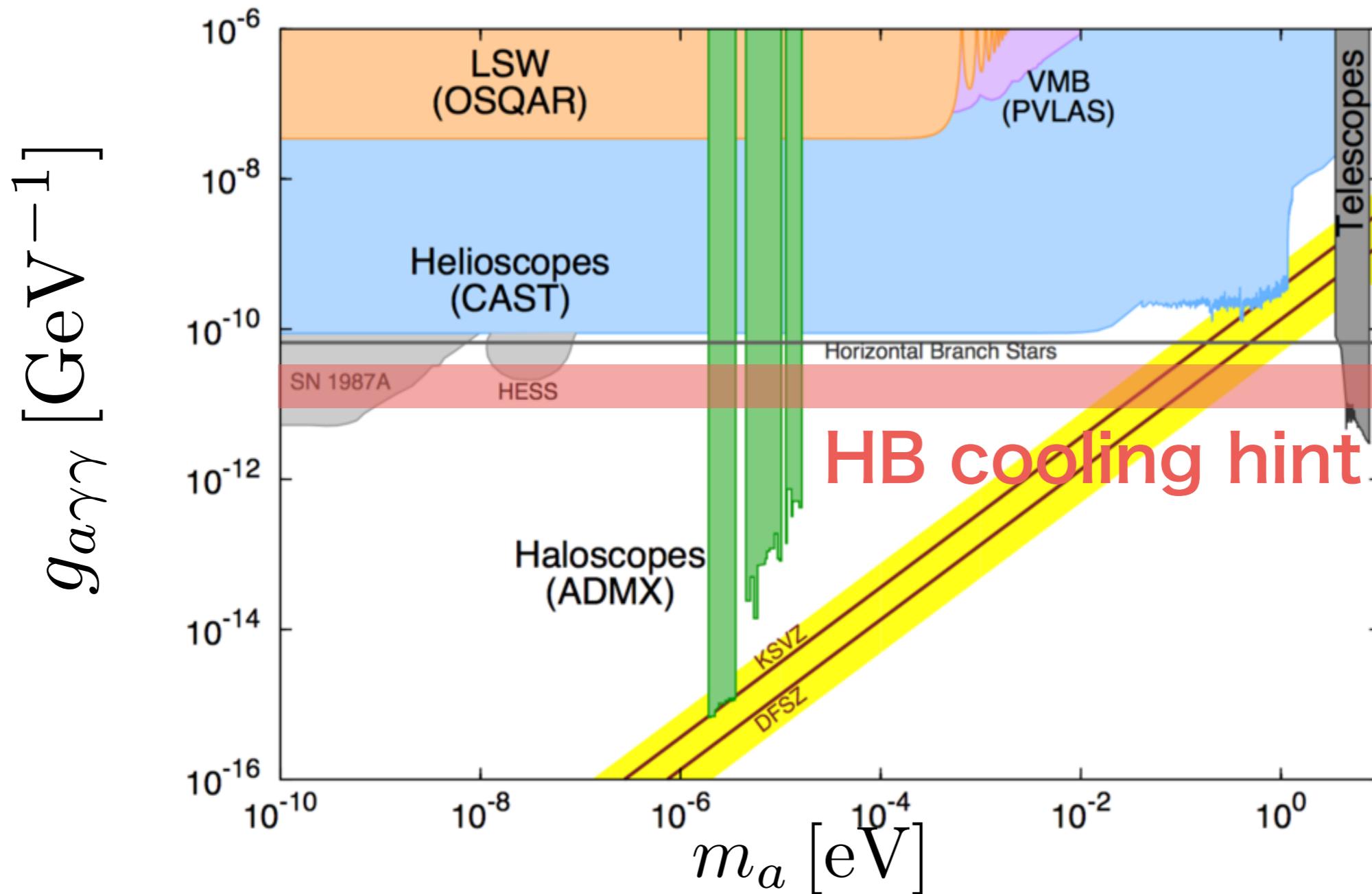
# Cooling Hints?

いくつかの星の進化の過程において、冷却が足りていないというアノマリーが指摘されている。

e.g.

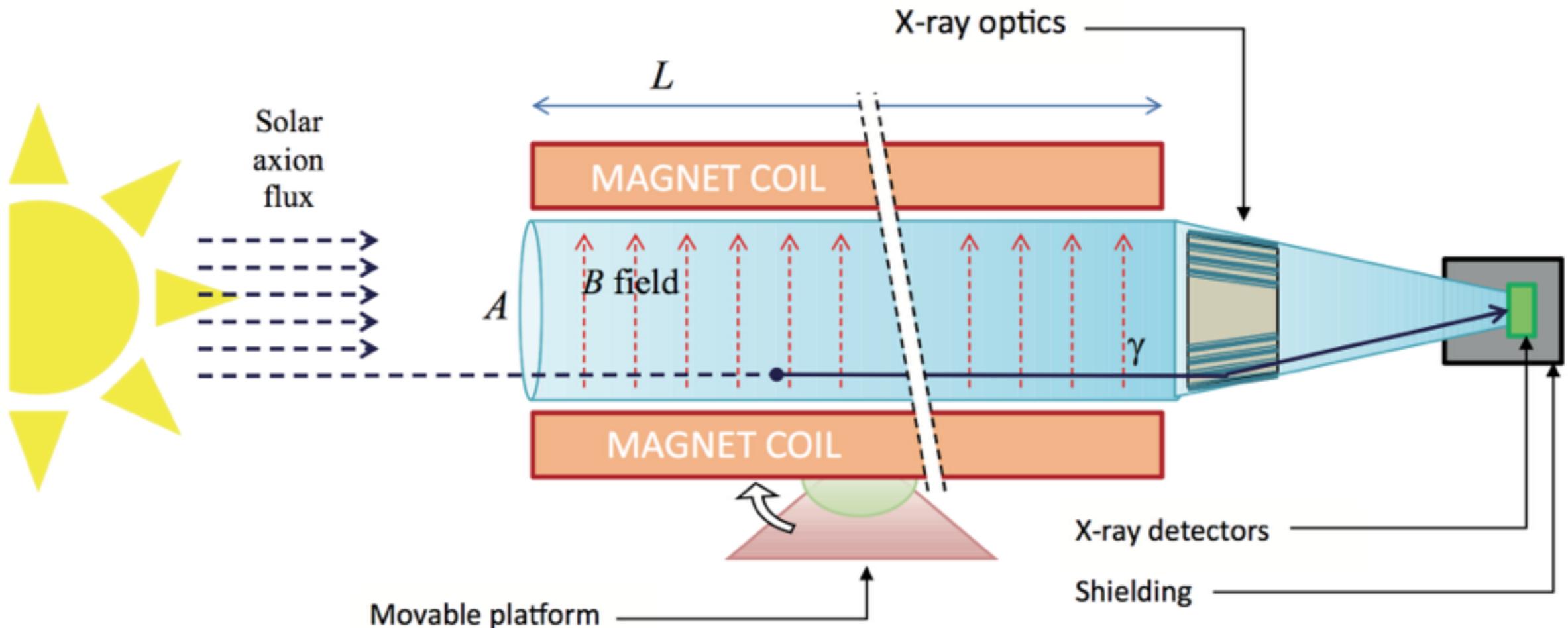
$$\text{HB: } g_{a\gamma\gamma} = (0.29 \pm 0.18) \times 10^{-10} \text{ GeV}^{-1}$$

Gianotti et al. 2015



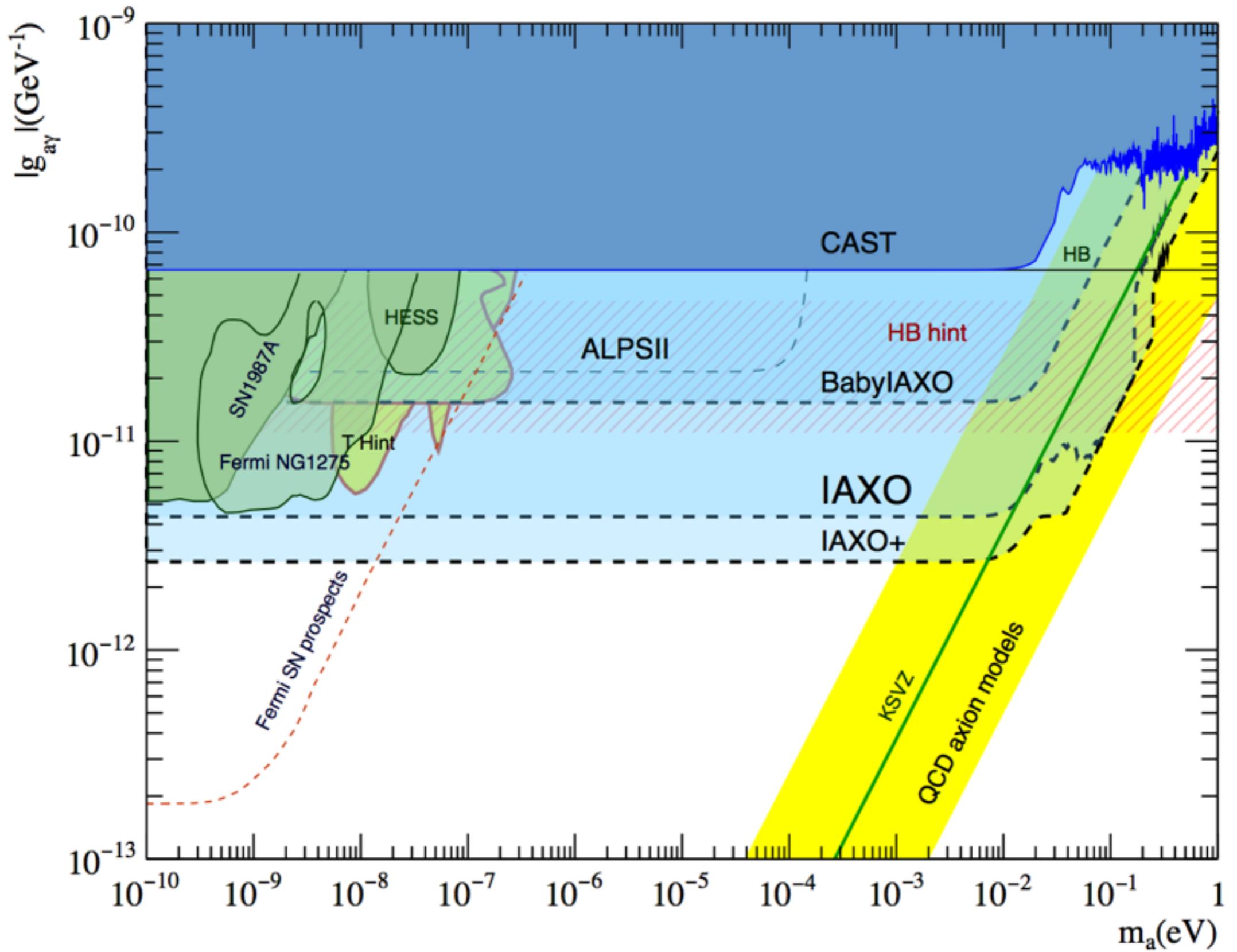
# Solar axion search

天体起源のアクションの直接探索としては、太陽アクション探索がある。 (CAST, IAXO)



CAST bound

$$g_{a\gamma\gamma} < 0.66 \times 10^{-10} \text{ GeV}^{-1}$$



次の世代の太陽アクション探索実験 (IAXO) は、現在より1桁ほど  
感度が良くなる！

# Part1 Summary

- ・アクションは、strong CP問題や暗黒物質の物理と関連している。
- ・アクションは、光子や電子と結合し、星の進化に大きく影響を及ぼす。

$$\begin{aligned} g_{a\gamma\gamma} &< 6.6 \times 10^{-11} \text{ GeV}^{-1} \\ F_a &\gtrsim 3c_\gamma \times 10^7 \text{ GeV} \end{aligned}$$

$$\begin{aligned} g_{aee} &< 4.3 \times 10^{-13} \\ F_a &\gtrsim c_e \times 10^9 \text{ GeV} \end{aligned}$$

- ・星の進化においてアノマリーが指摘されていて、アクションによって解決できる可能性がある。

$$\text{HB: } g_{a\gamma\gamma} = (0.29 \pm 0.18) \times 10^{-10} \text{ GeV}^{-1}$$

- ・太陽アクション探索からは、間接探索と同じくらいの制限が得られていて、次の世代の実験では1桁ほど感度が良くなる。

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再加熱と暗黒物質

まとめ

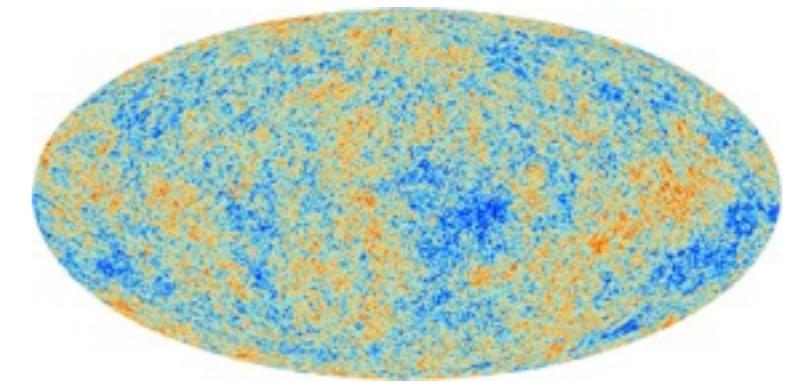
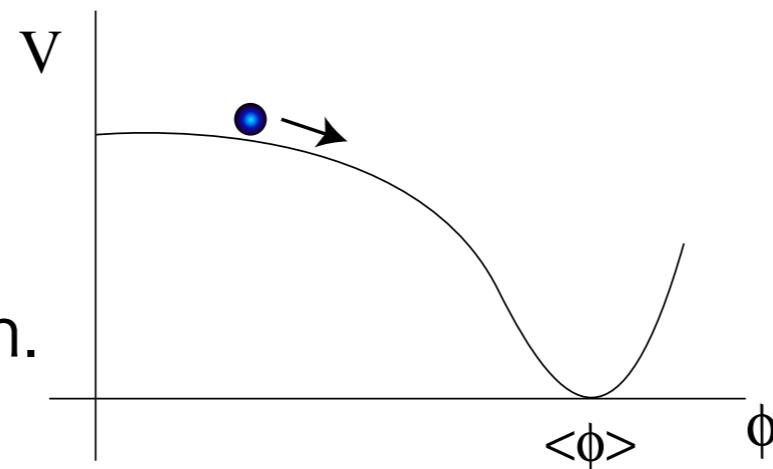
# 1. Introduction

There are two unknown degree of freedom in the  $\Lambda$ CDM.  
(except for the origin of  $\Lambda$ .)

- Inflaton

**Very flat potential**

for slow-roll inflation.

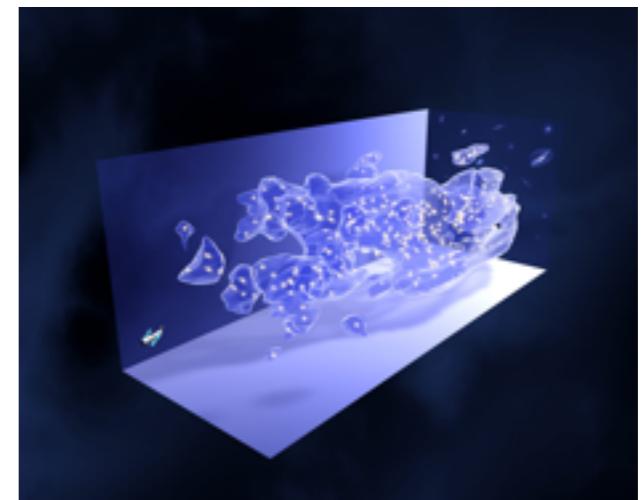
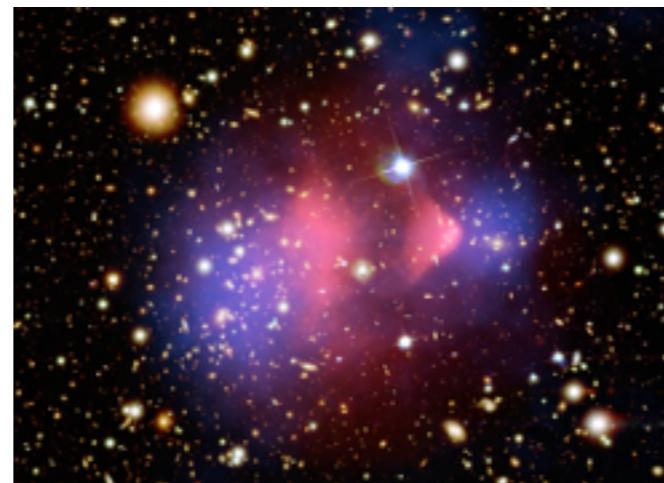


- Dark matter

Cold, neutral,

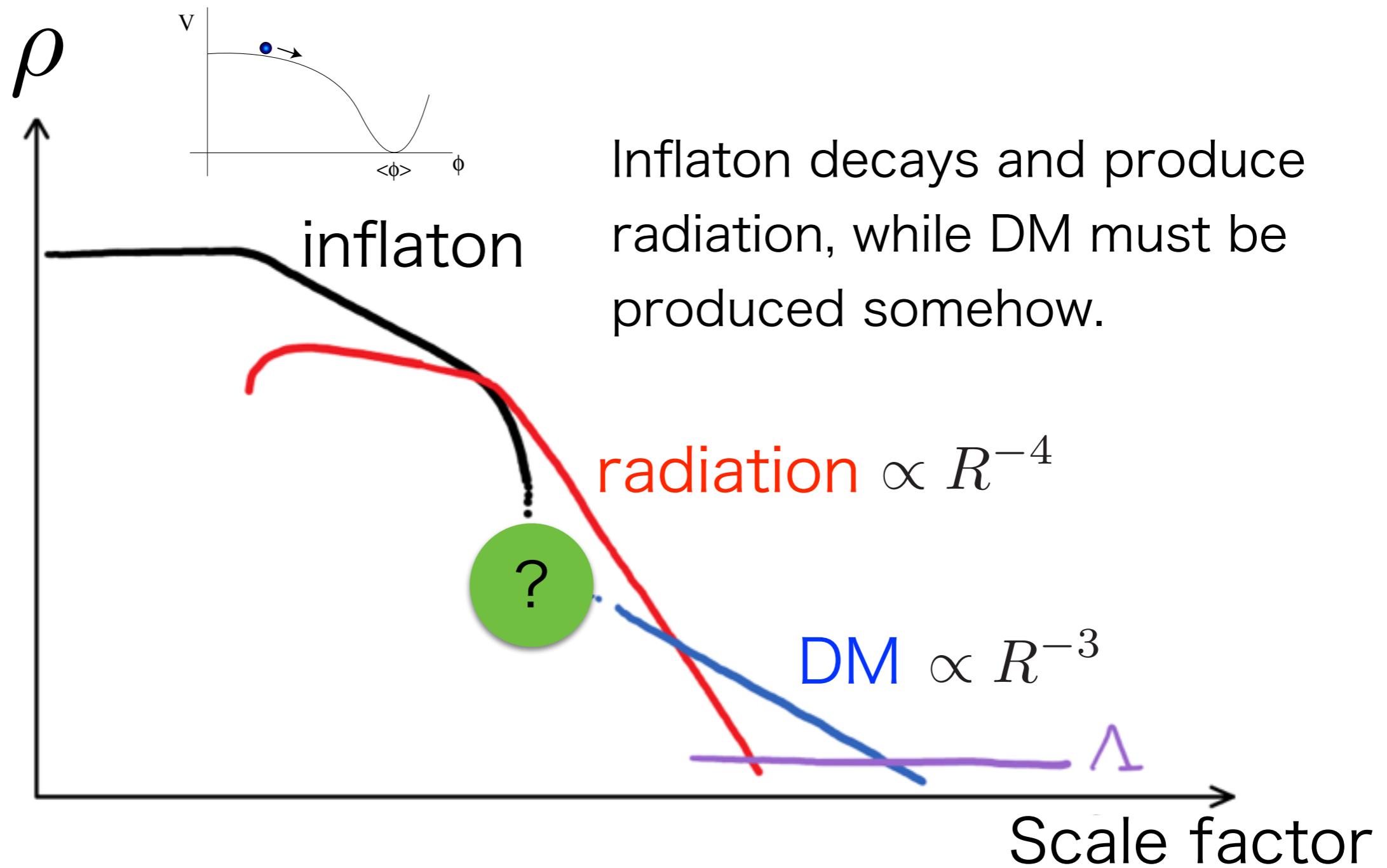
**long-lived**, and

$$\Omega_{\text{DM}} h^2 \simeq 0.12$$

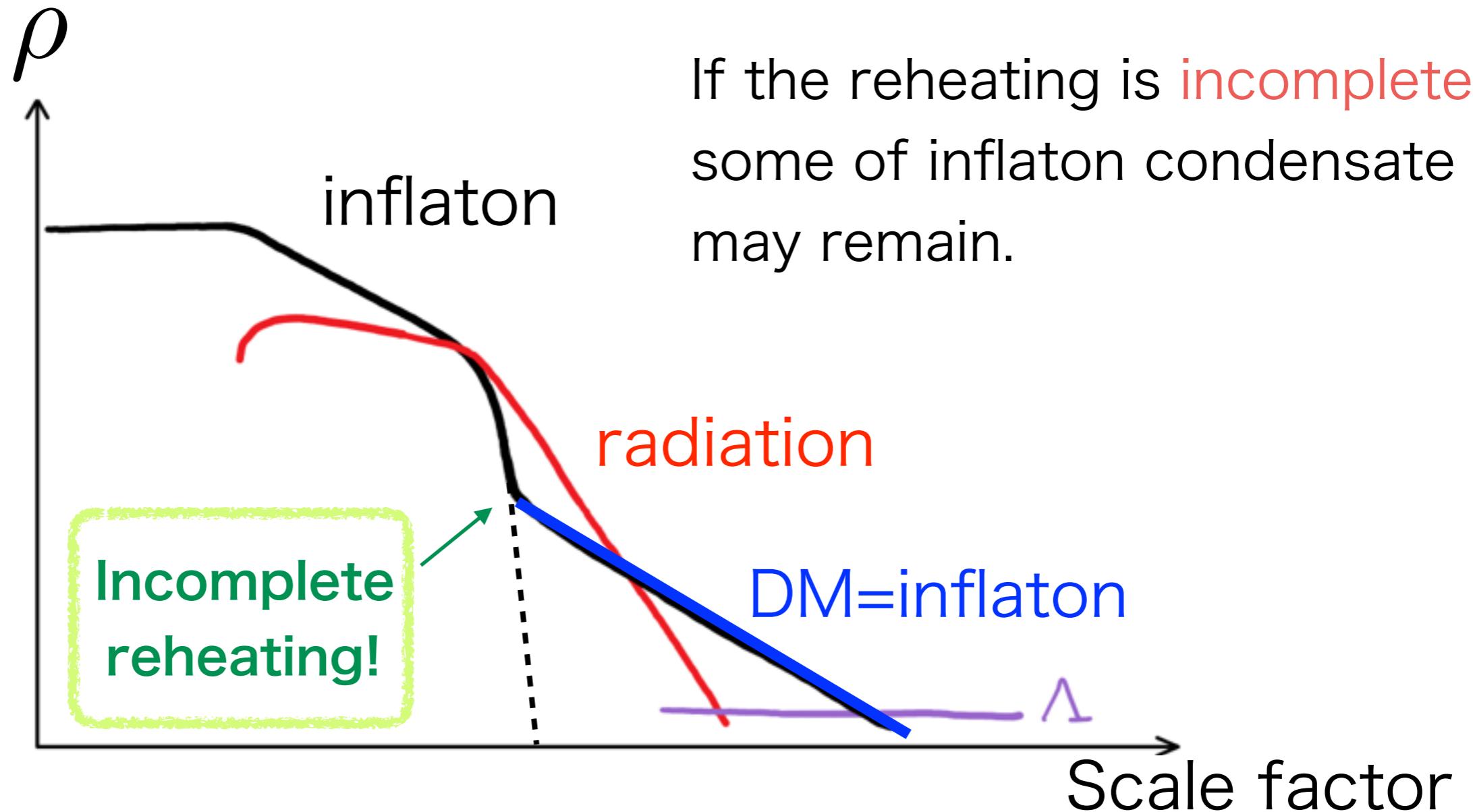


Both are **neutral** and occupied a **significant fraction** of the energy density of the Universe.

# Thermal history



# Inflaton = DM ?



The remnant inflaton condensate due to incomplete reheating can be dark matter.

# What we did

- **Inflaton = DM = Axion-like particle (ALP)**
- The observed CMB and LSS data fix the relation between the ALP mass and decay constant.
- Successful reheating and DM abundance point to specific values

$$0.01 \text{ eV} \lesssim m_\phi \lesssim 1 \text{ eV}, \quad g_{\phi\gamma\gamma} = \mathcal{O}(10^{-11}) \text{ GeV}^{-1}$$

within the reach of IAXO.

## 2. Axion and Inflation

Axion is a pseudo NG boson, and enjoys a discrete shift symmetry.

$$\phi \rightarrow \phi + 2\pi n f \quad n \in \mathbf{Z}$$

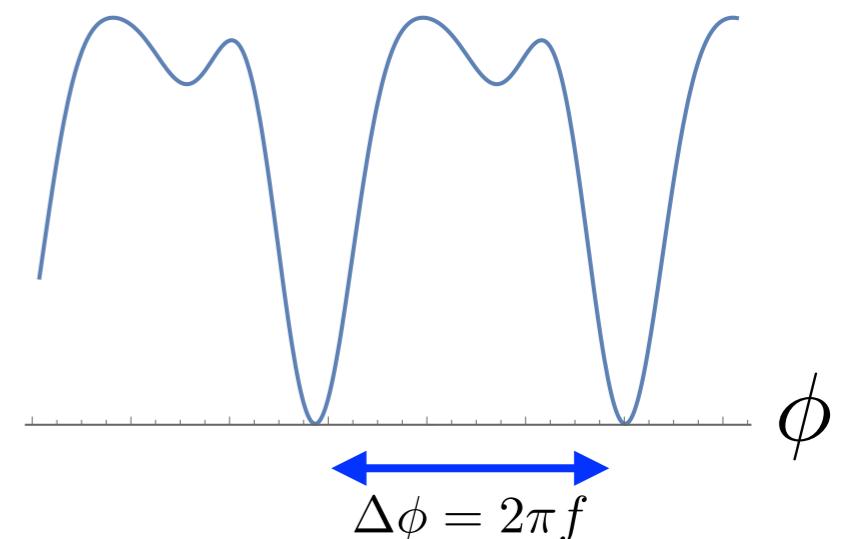
Since dangerous radiative corrections are naturally suppressed, axion is compatible with inflation.

The axion potential is periodic, i.e.

$$V(\phi) = V(\phi + 2\pi f)$$

and can be expressed as Fourier series,

$$V(\phi) = \sum_{n \in \mathbf{Z}} c_n e^{in \frac{\phi}{f}}$$



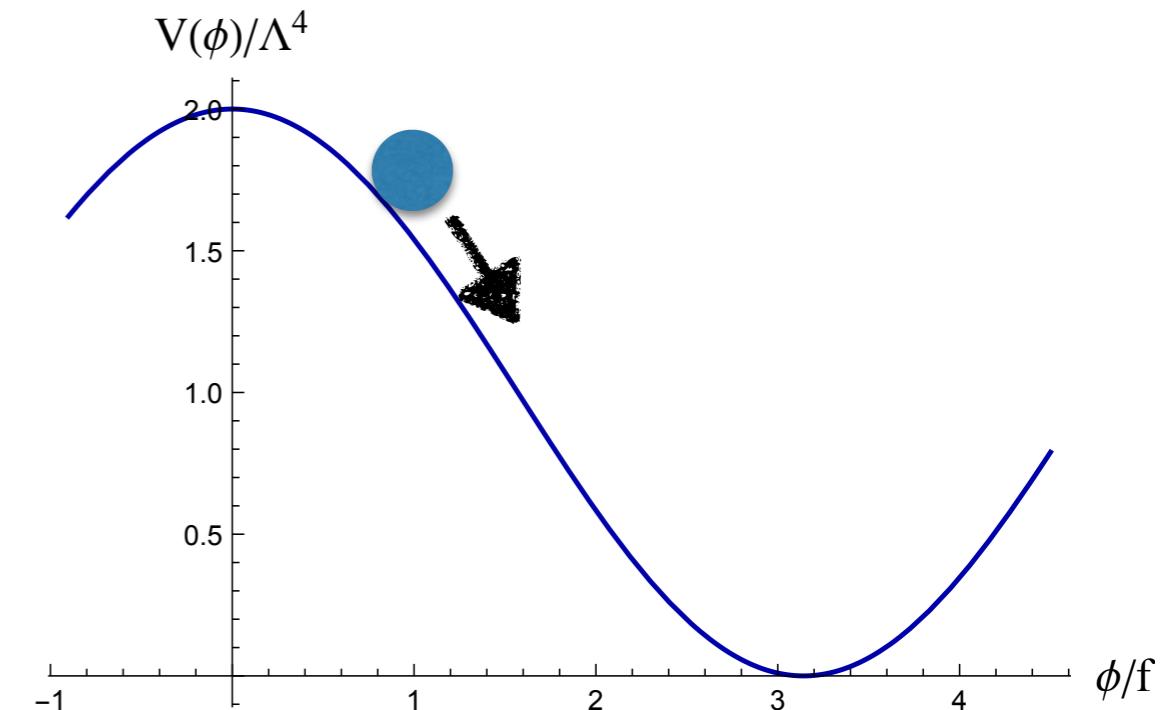
# Axion and Inflation

## • Natural inflation

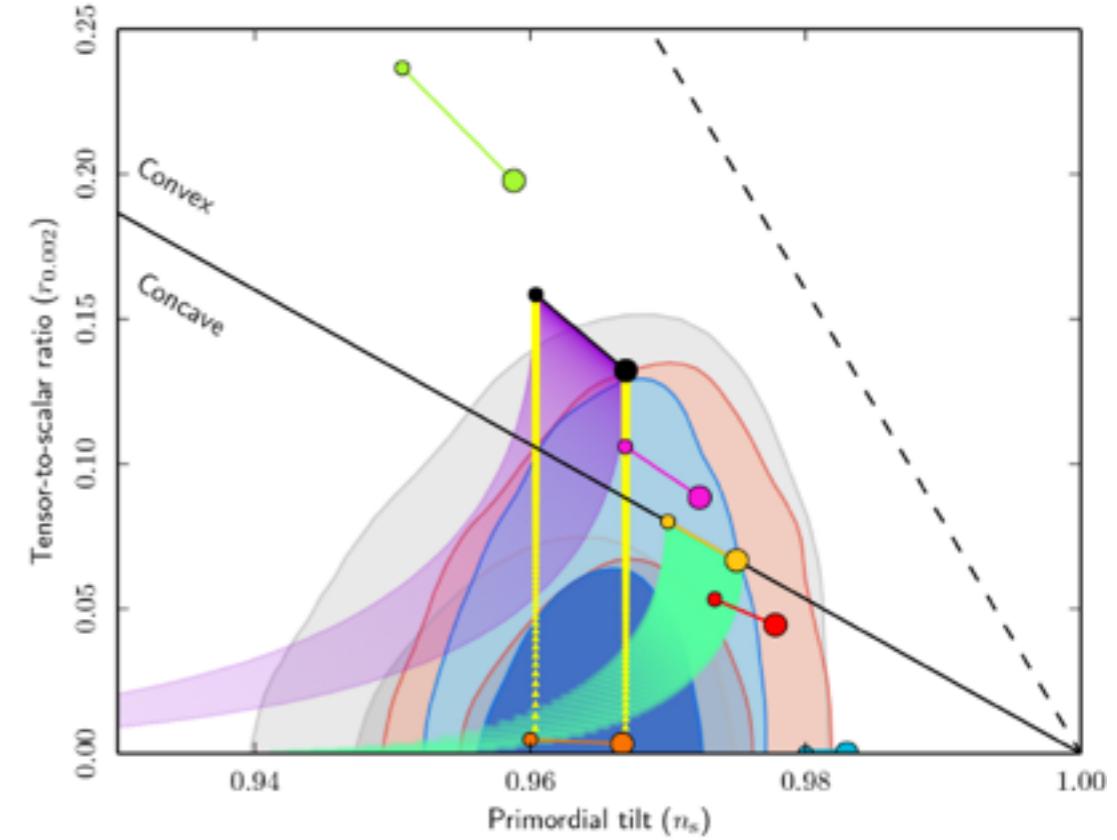
Freese, Frieman, Olinto '90

The simplest model is the natural inflation.

$$V = \Lambda^4 \left( 1 - \cos \left( \frac{\phi}{f} \right) \right)$$



- Large field inflation
- Super-Planckian decay constant is required.  $f \gtrsim 5M_P$
- Predicted  $(n_s, r)$  are not favored by recent observations.



# Axion and Inflation

## • Axion hilltop inflation

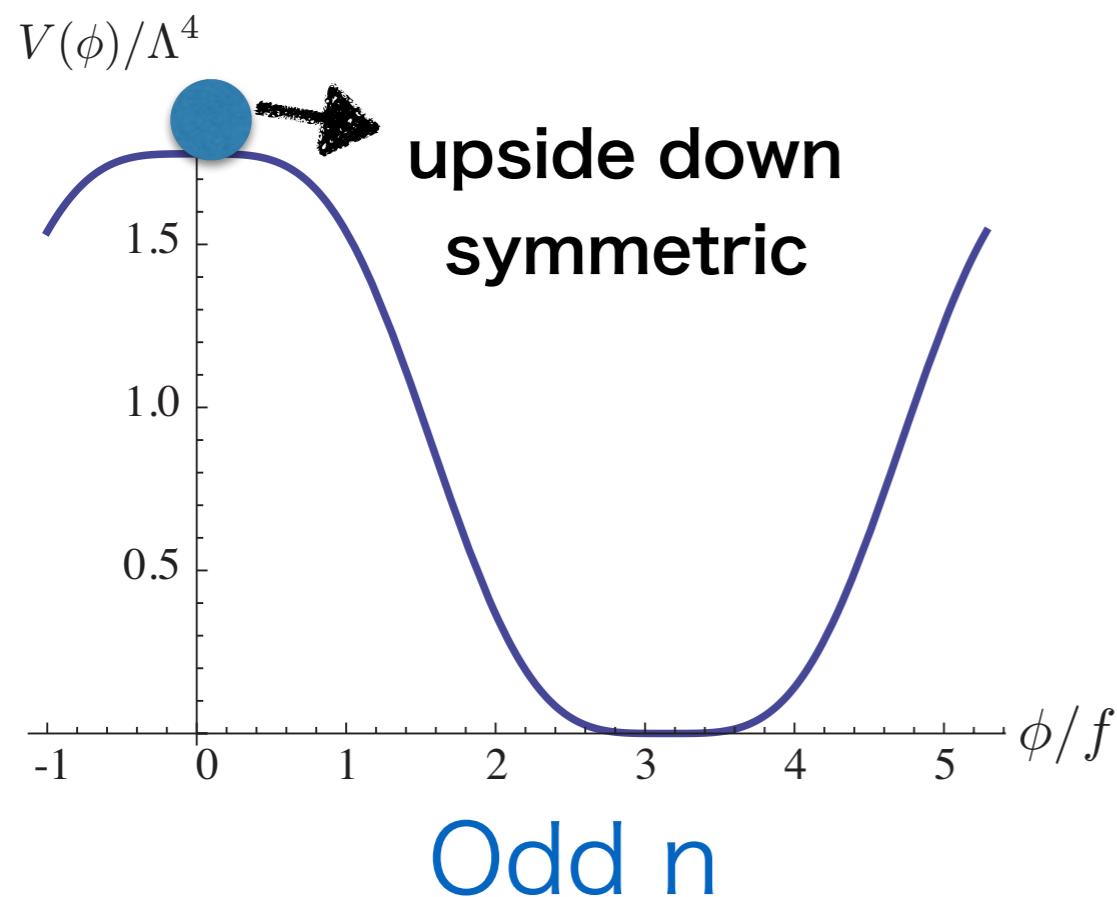
Czerny, Takahashi 1401.5212,

Czerny, Higaki, Takahashi 1403.0410, 1403.5883

Hilltop inflation can be realized with two cosine terms.

(Minimal extension)

$$V_{\text{inf}}(\phi) = \Lambda^4 \left( \cos \left( \frac{\phi}{f} + \theta \right) - \frac{\kappa}{n^2} \cos \left( n \frac{\phi}{f} \right) \right) + C$$
$$= V_0 - \lambda \phi^4 - \Lambda^4 \theta \frac{\phi}{f} + (\kappa - 1) \frac{\Lambda^4}{2f^2} \phi^2 + \dots$$



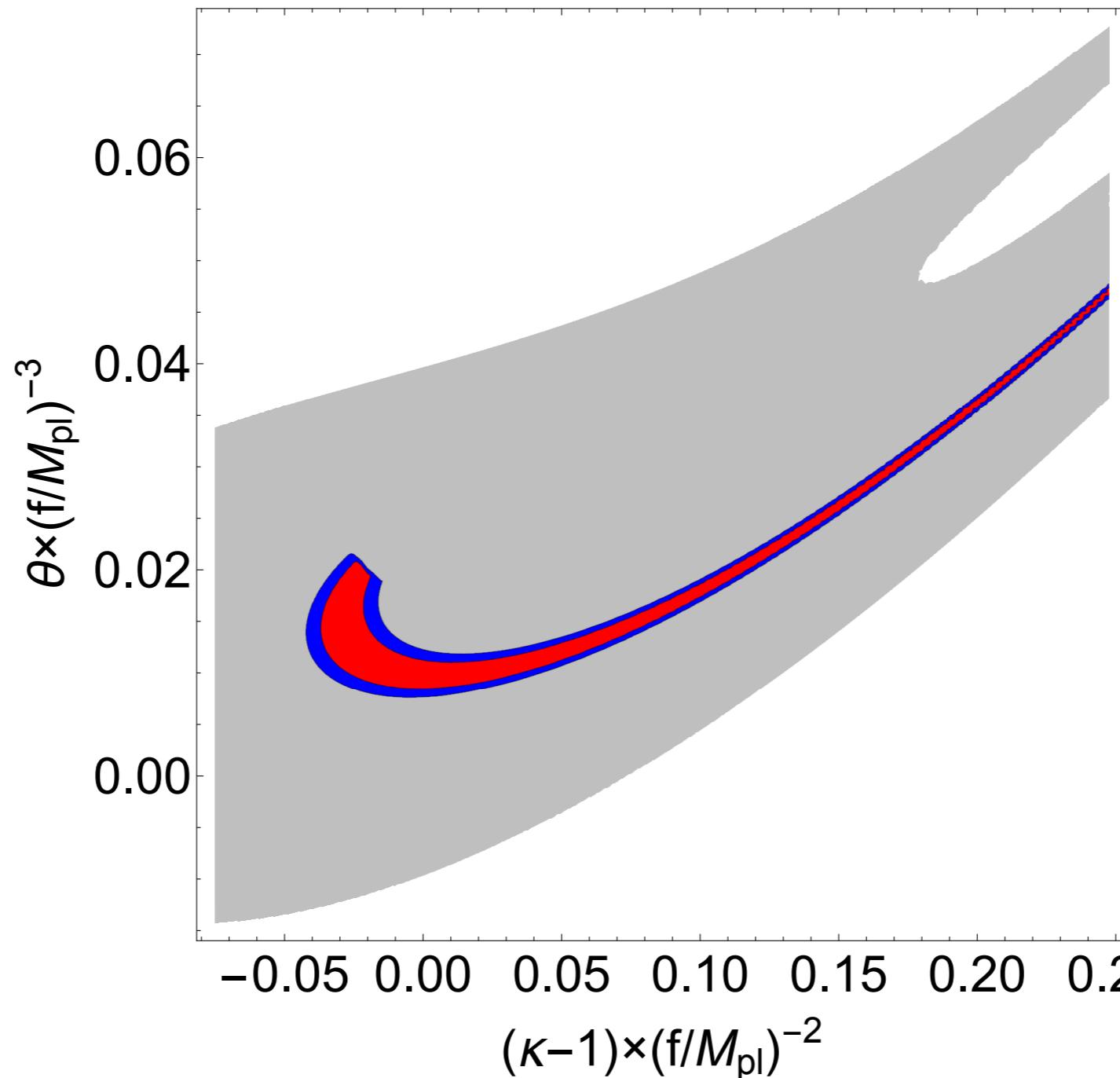
- The decay constant can be **sub-Planckian**.  $f \ll M_P$
- Inflaton is light both during inflation and in the true min.

$$m_\phi^2 = V''(\phi_{\min}) = -V''(\phi_{\max})$$

**Flatness=longevity**

# Spectral index

$$n_s = 0.968 \pm 0.006$$



$$\text{cf. } n_s \simeq 1 + 2\eta(\phi_*)$$

$$\eta \equiv M_p^2 \left( \frac{V''}{V} \right) \sim \frac{m^2}{H_{\text{inf}}^2}$$

The typical inflaton mass:  $m_\phi \sim \theta^{\frac{1}{3}} \frac{\Lambda^2}{f} = \mathcal{O}(0.1) H_{\text{inf}}$

# Relation between $m_\phi$ and $f$

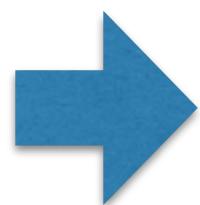
The Planck normalization of density perturbation and the spectral index fix the relation between  $m_\phi$  and  $f$ ,

$$\lambda \sim \left( \frac{\Lambda}{f} \right)^4 \sim 10^{-13} : \text{Planck normalization}$$

$$\Lambda^4 \sim H_{\text{inf}}^2 M_{pl}^2 : \text{Friedman eq.}$$

$$m_\phi \sim 0.1 H_{\text{inf}} : \text{Scalar spectral index}$$

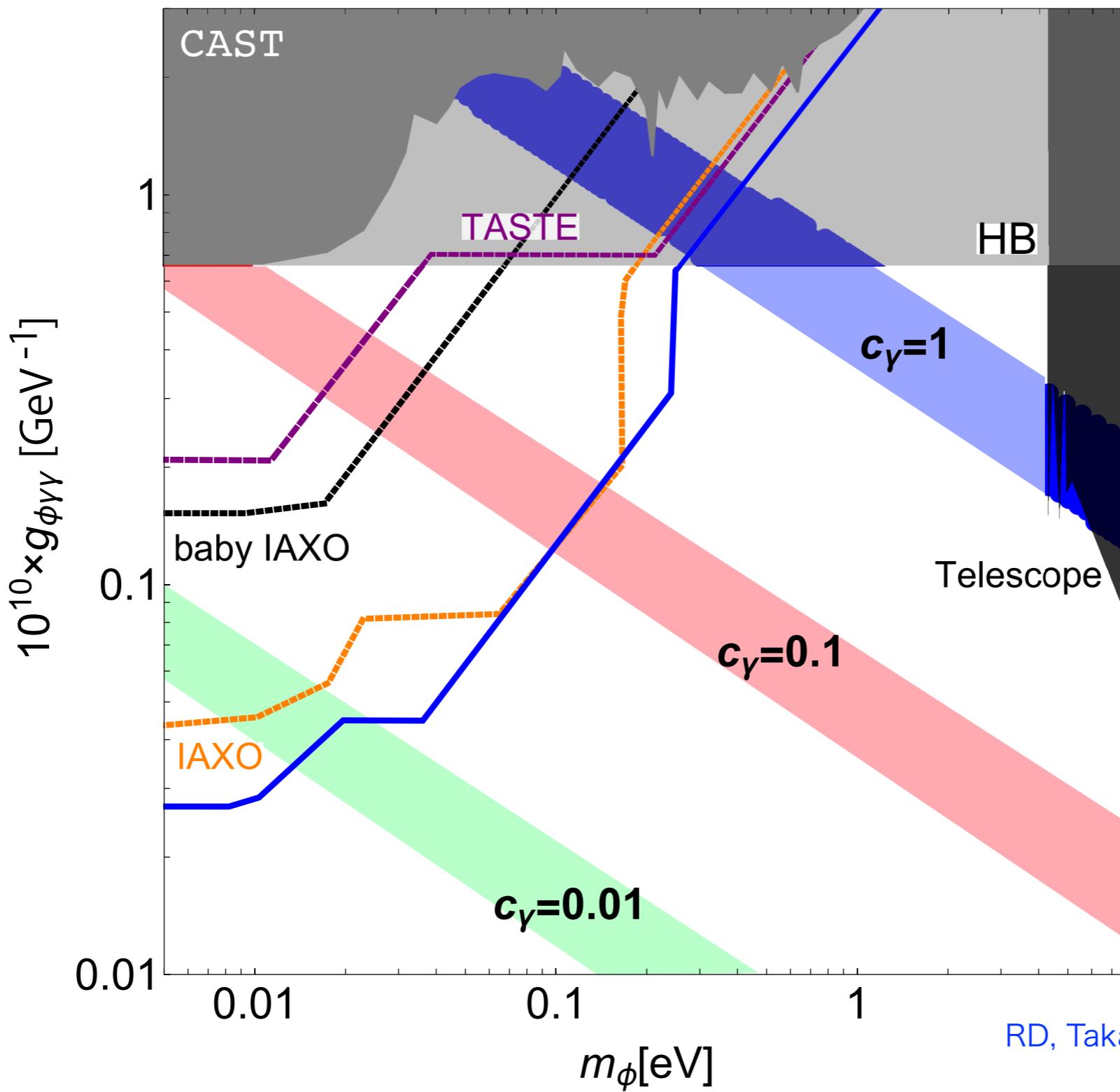
cf.  $n_s \simeq 1 + 2\eta(\phi_*)$



$$f \sim 5 \times 10^7 \text{ GeV} \left( \frac{n}{3} \right)^{1/2} \left( \frac{m_\phi}{1 \text{ eV}} \right)^{0.51}$$

# Mass and coupling to photons

$$\mathcal{L} = \frac{g_{\phi\gamma\gamma}}{4} \phi F_{\mu\nu} \tilde{F}^{\mu\nu} \quad g_{\phi\gamma\gamma} = \frac{c_\gamma \alpha}{\pi f}$$



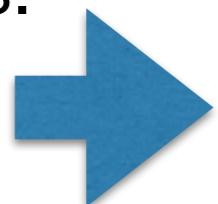
$$c_\gamma = \sum_i q_i Q_i^2$$
$$\psi_i \rightarrow e^{i\beta q_i \gamma_5/2} \psi_i$$
$$\phi \rightarrow \phi + \beta f$$

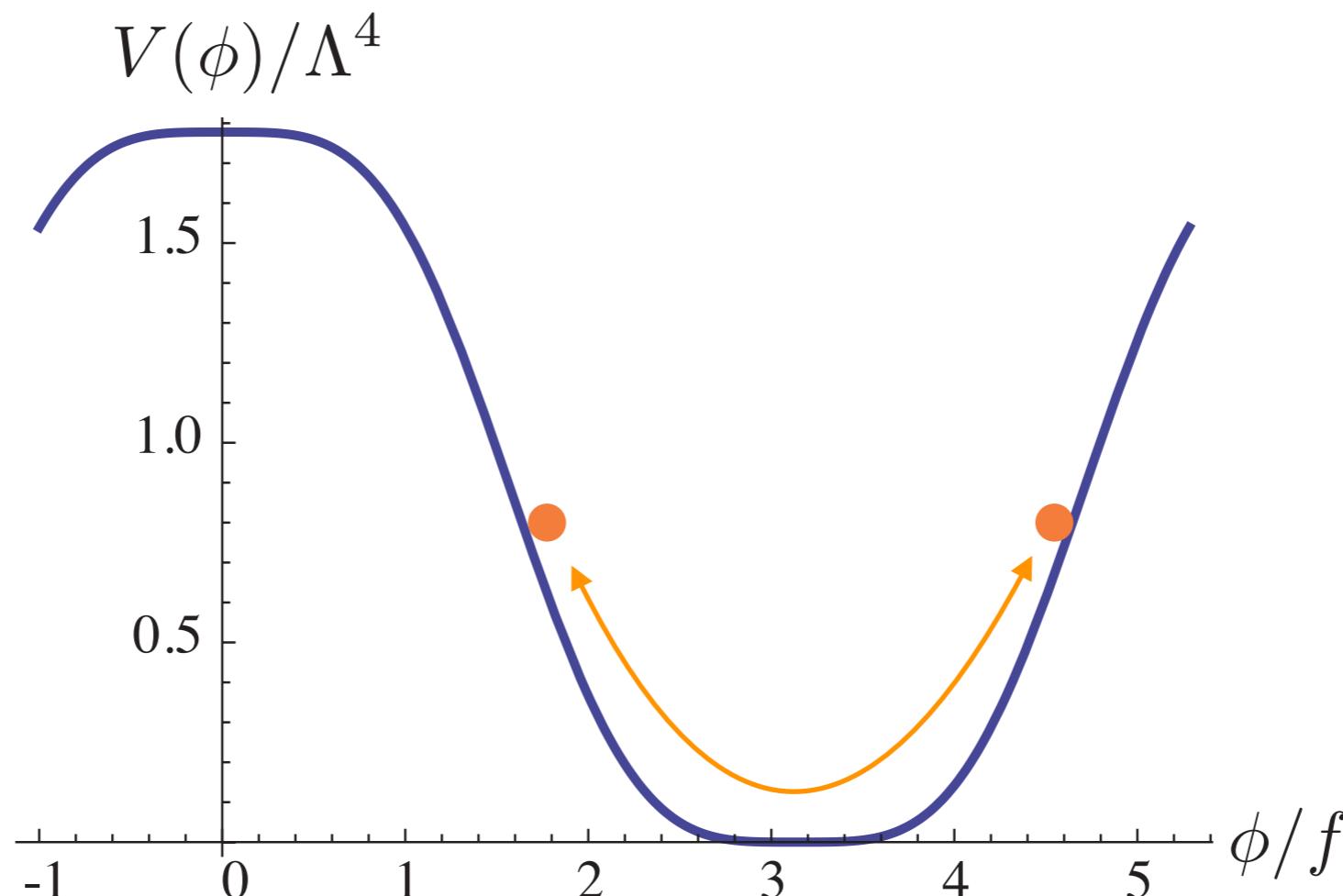
*Successful  
inflation*

### 3. Reheating and ALP DM

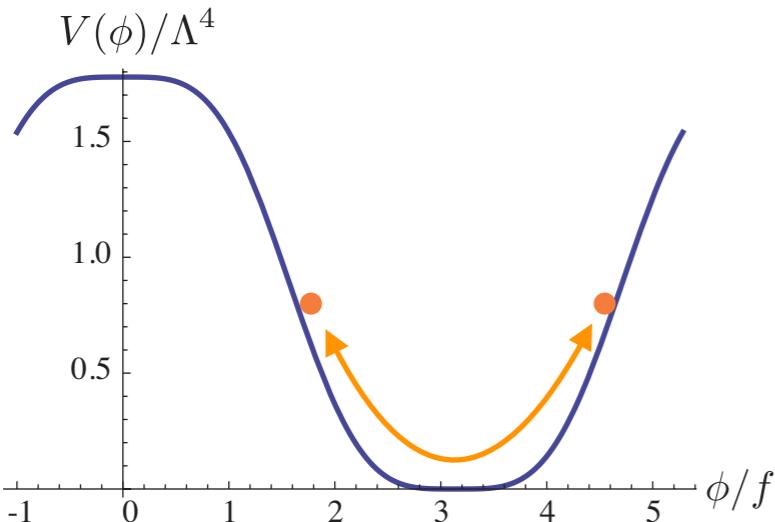
The inflaton oscillates about  $\phi_{\min} = \pi f$  in a quartic potential.

The effective mass,  $m_{\text{eff}}^2(t) = V''(\phi_{\text{amp}}) = 12\lambda\phi_{\text{amp}}^2$  decreases with time, and so, decay and dissipation become inefficient at later times.

 **Incomplete reheating**



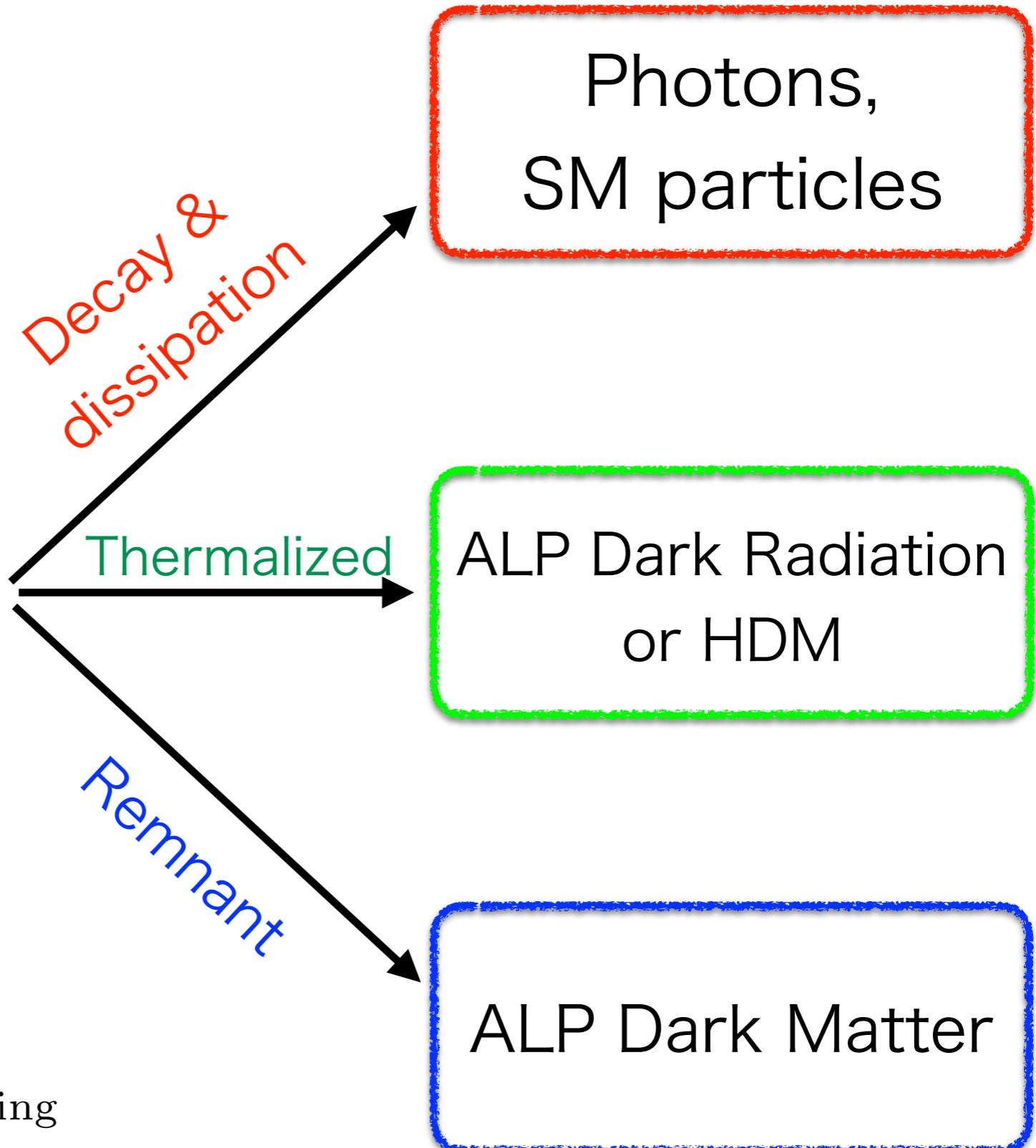
# Reheating and ALP DM



Inflaton (ALP)  
condensate

$$\mathcal{L} = \frac{g_{\phi\gamma\gamma}}{4} \phi F_{\mu\nu} \tilde{F}^{\mu\nu}$$

$$\xi \equiv \left. \frac{\rho_\phi}{\rho_\phi + \rho_R} \right|_{\text{after reheating}}$$



As we shall see,  $\xi \lesssim \mathcal{O}(0.1)$  is required to explain DM.

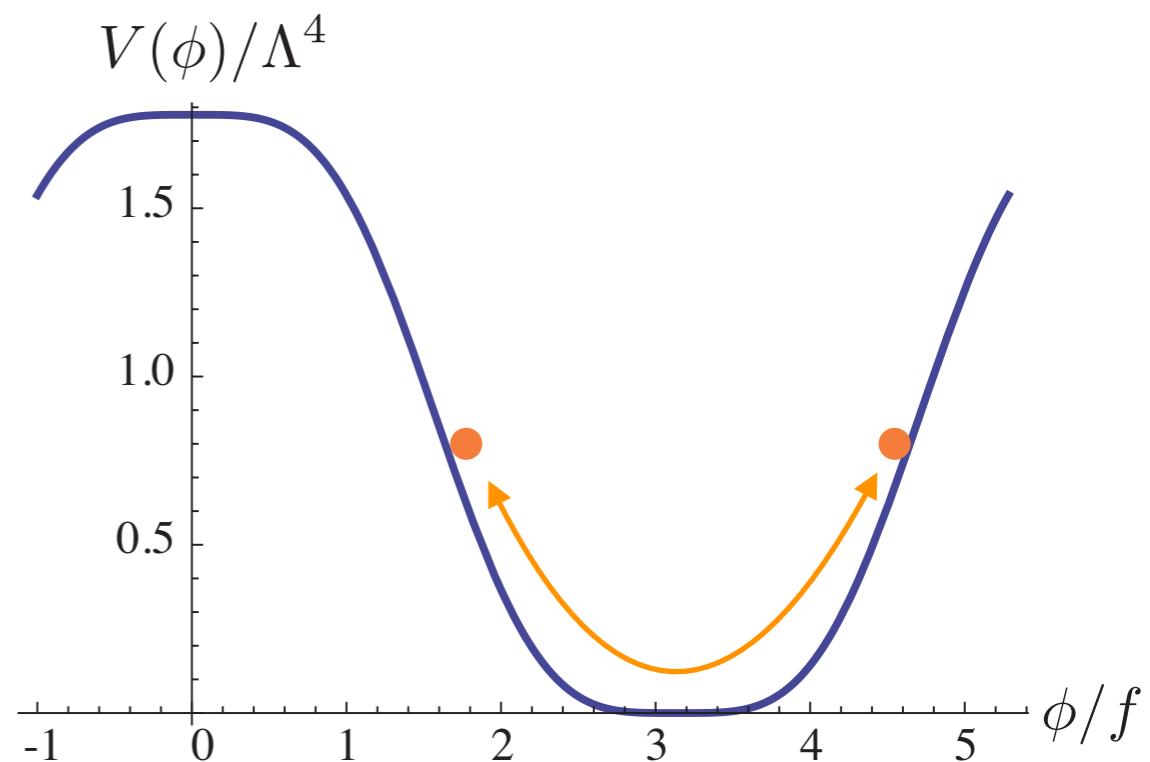
# • Decay and dissipation

- ✓ The decay rate into two photons :

$$\Gamma_{\text{dec}}(\phi \rightarrow \gamma\gamma) = \frac{c_\gamma^2 \alpha^2}{64\pi^3} \frac{m_{\text{eff}}^3}{f^2} \sqrt{1 - \left( \frac{2m_\gamma^{(th)}}{m_{\text{eff}}} \right)^2}$$

$$m_{\text{eff}}^2(t) = V''(\phi_{\text{amp}}) = 12\lambda\phi_{\text{amp}}^2$$

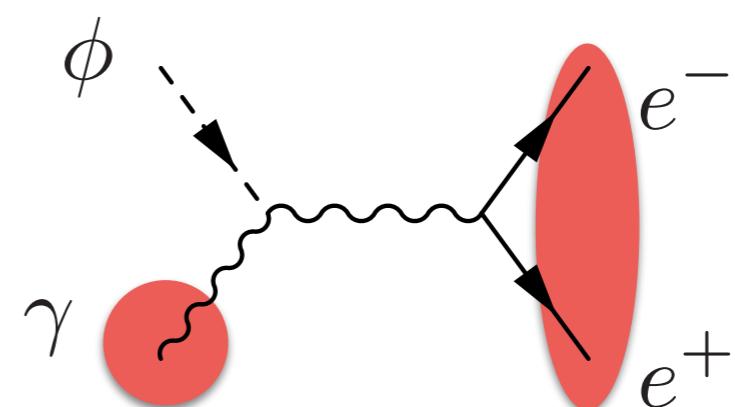
where



- ✓ The dissipation rate is roughly given by

$$\Gamma_{\text{dis},\gamma} = C \frac{c_\gamma^2 \alpha^2 T^3}{8\pi^2 f^2} \frac{m_{\text{eff}}^2}{e^4 T^2}$$

Moroi, Mukaida, Nakayama and Takimoto, 1407.7465  
cf. Salvio, Strumia, Xue, 1310.6982



Here  $C$  is a numerical constant of  $\mathcal{O}(10)$  which represents an uncertainty of the order-of-magnitude estimate as well as the effect of tachyonic preheating and scalar resonance.

Amin et al 1710.06851

## • Decay and dissipation

At  $T > 100$  GeV, one should consider couplings to weak gauge bosons instead of photons:

$$\mathcal{L} = c_2 \frac{\alpha_2}{8\pi} \frac{\phi}{f} W_{\mu\nu} \tilde{W}^{\mu\nu} + c_Y \frac{\alpha_Y}{4\pi} \frac{\phi}{f} B_{\mu\nu} \tilde{B}^{\mu\nu},$$

with

$$c_2 = \sum_i q_i, \quad c_Y = \sum_j q_j Y_j^2 \quad c_\gamma = \frac{c_2}{2} + c_Y$$

We adopt the following dissipation rate at  $T > 100$  GeV

$$\Gamma_{\text{dis,EW}} = C' \frac{c_2^2 \alpha_2^2 T^3}{32\pi^2 f^2} \frac{m_{\text{eff}}^2}{g_2^4 T^2} + C'' \frac{c_Y^2 \alpha_Y^2 T^3}{8\pi^2 f^2} \frac{m_{\text{eff}}^2}{g_Y^4 T^2},$$

## • Decay and dissipation

Due to the decay and dissipation,

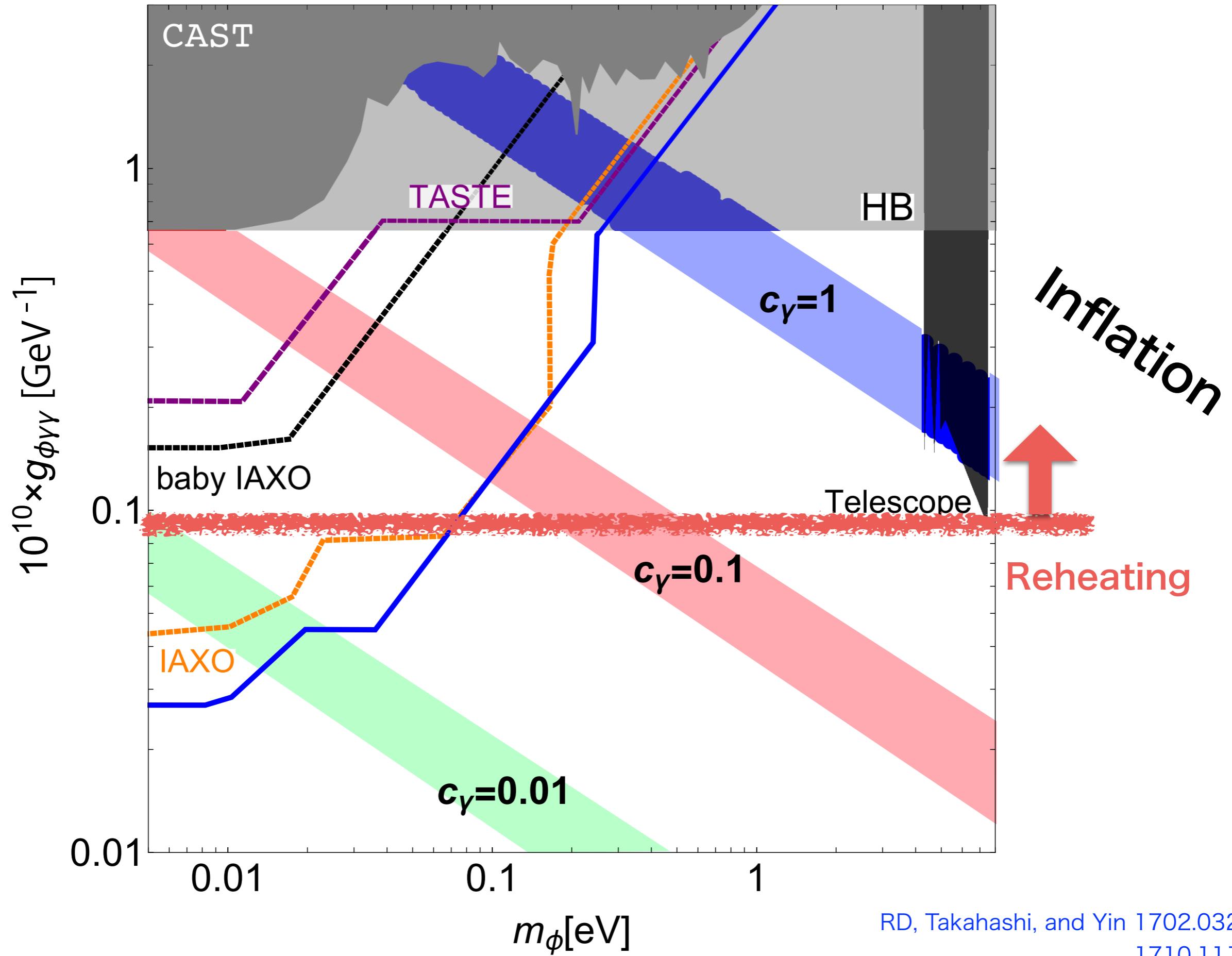
$$\xi \equiv \left. \frac{\rho_\phi}{\rho_\phi + \rho_R} \right|_{\text{after reheating}} = \mathcal{O}(0.01 - 0.1)$$

for  $g_{\phi\gamma\gamma} = \mathcal{O}(10^{-11}) \text{ GeV}^{-1}$  and  $c_2, c_Y = \mathcal{O}(1)$

For successful reheating with  $\xi \lesssim \mathcal{O}(0.1)$ , one needs

$$g_{\phi\gamma\gamma} \gtrsim 10^{-11} \text{ GeV}^{-1}$$

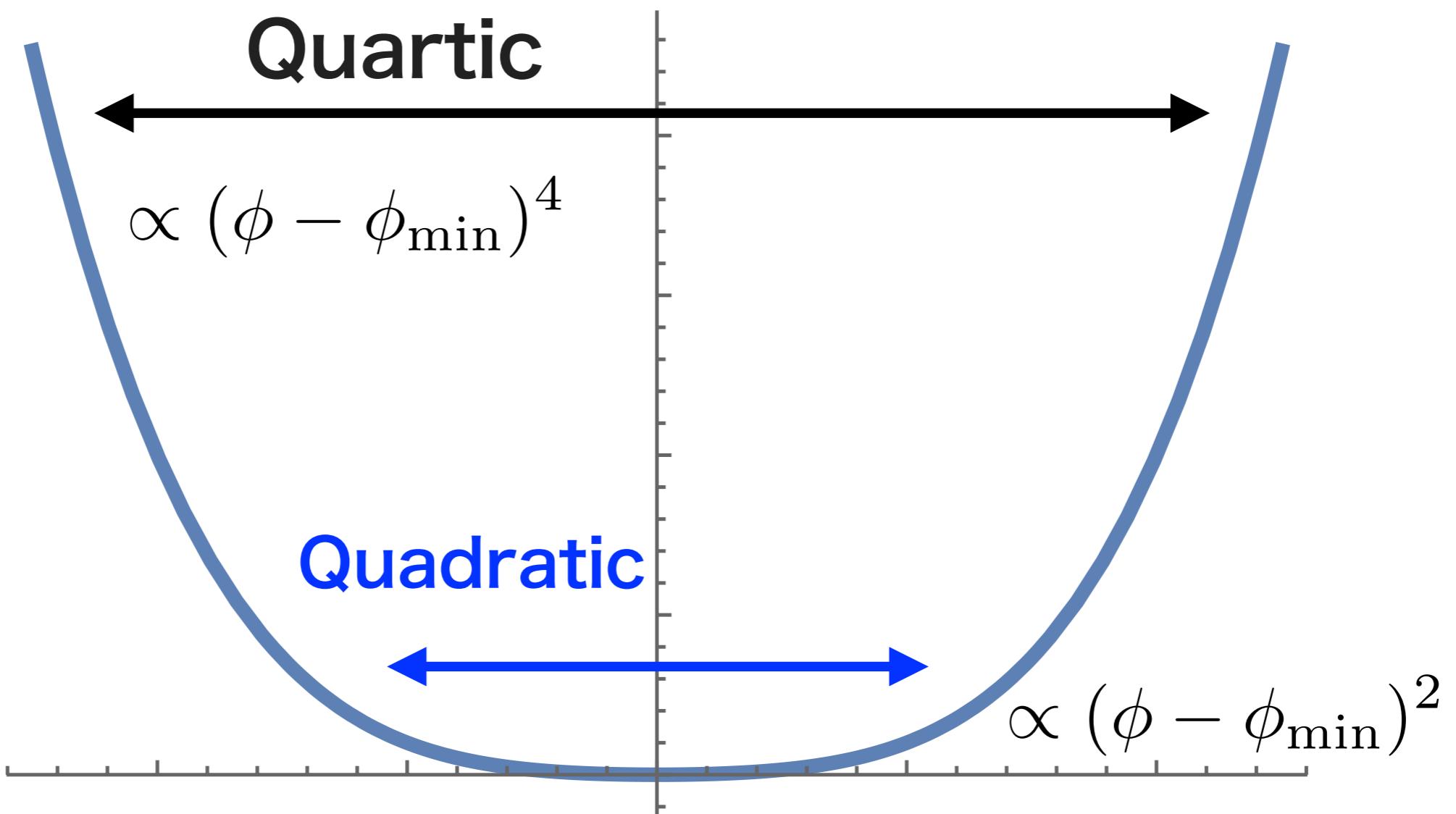
The typical reheating temperature  $T_R \sim \mathcal{O}(10) \text{ TeV} \left( \frac{m_\phi}{1 \text{ eV}} \right)^{\frac{1}{2}}$



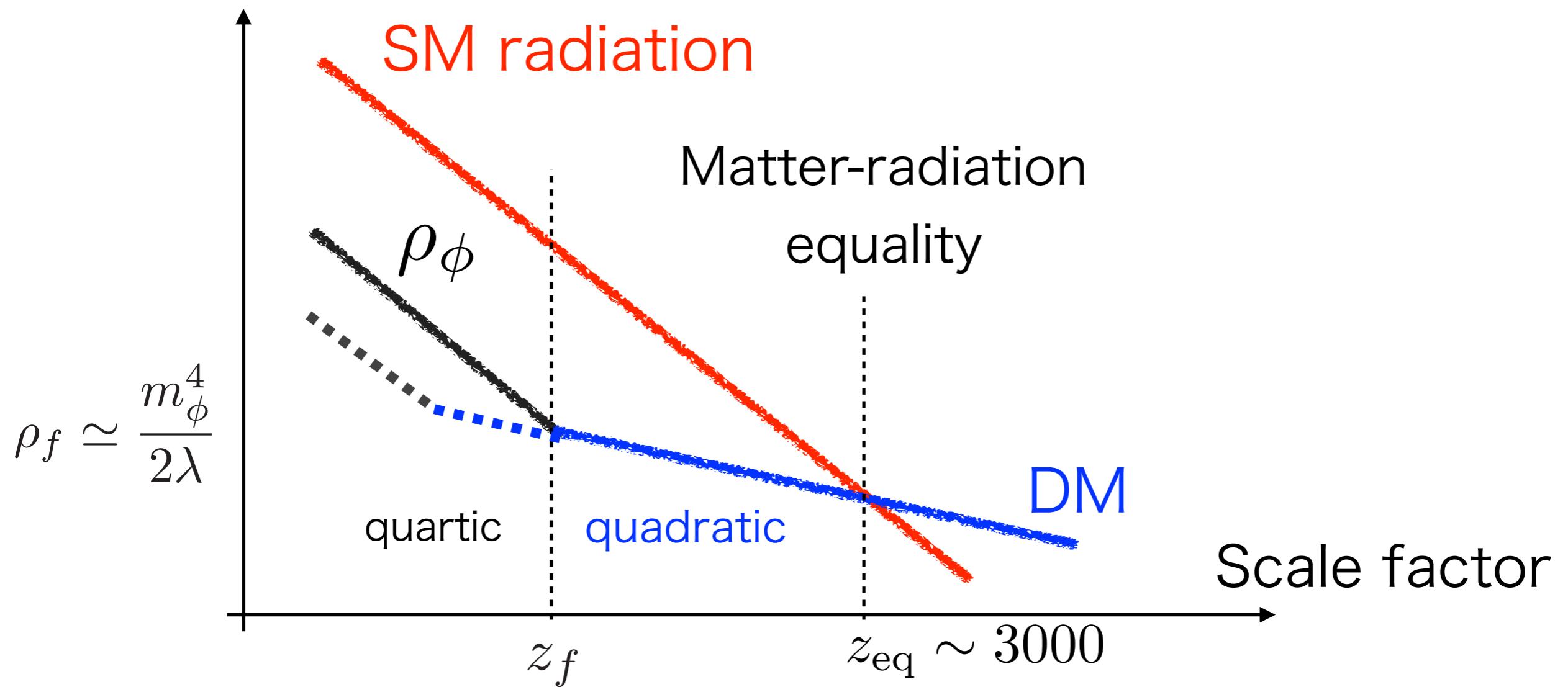
## • ALP condensate as CDM

After the reheating,  $\rho_\phi$  decreases like radiation until the potential becomes quadratic.

$$\text{cf. } w \equiv \frac{P}{\rho} = \frac{n-2}{n+2} \text{ for } \phi^n$$

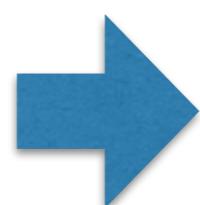


## • ALP condensate as CDM



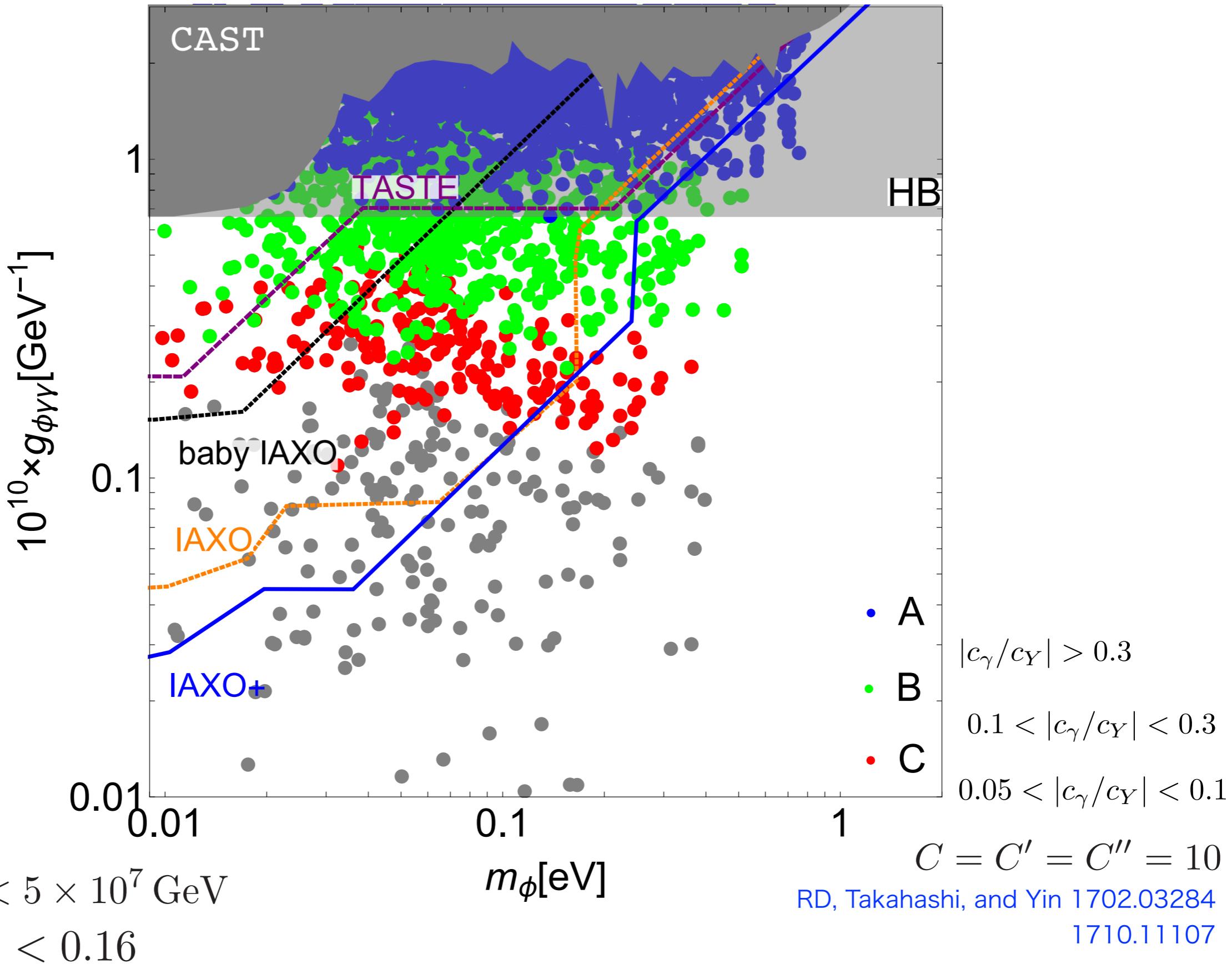
DM should be formed before  $z_f \gtrsim \mathcal{O}(10^5)$  by SDSS and Ly-alpha

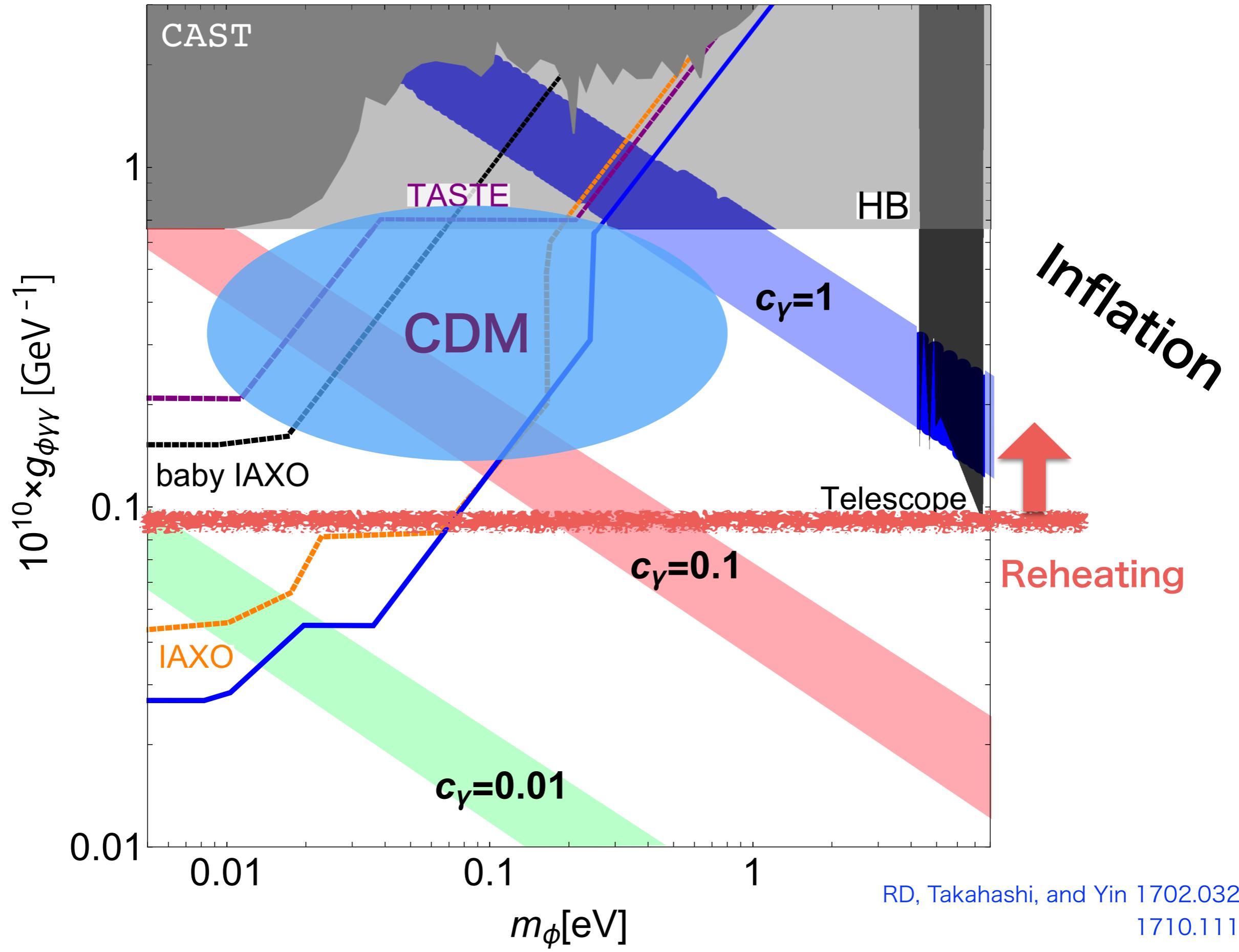
Sarkar, Das, Sethi, 1410.7129

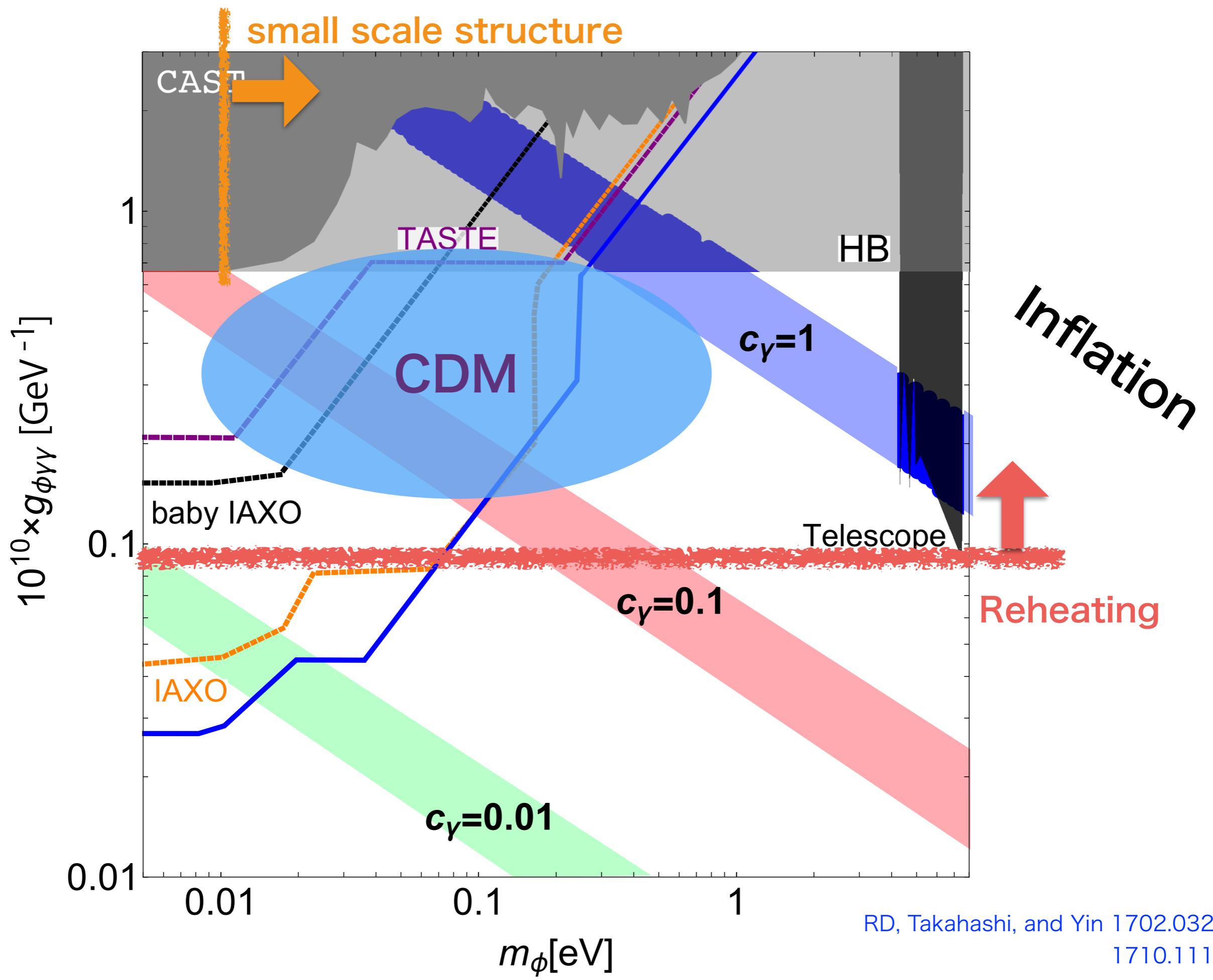


$$m_\phi \gtrsim 0.01 \text{ eV}$$

# • ALP condensate as CDM



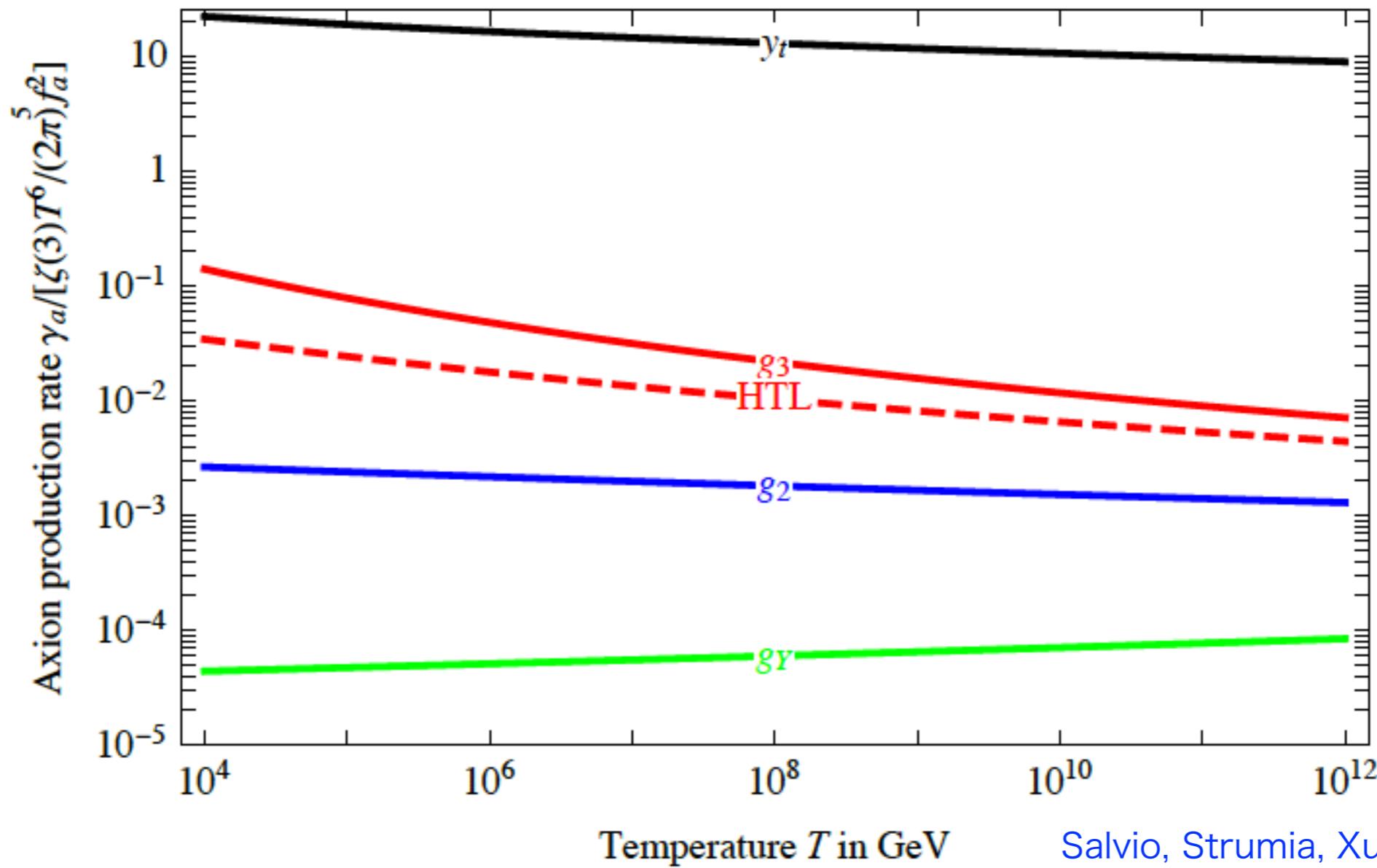




# • Thermalized ALPs as HDM

The ALP is thermalized if  $r > 1$ :

$$r = \frac{2.4}{Y_a^{\text{eq}}} \left. \frac{\gamma_a}{H_s} \right|_{T=T_{\text{RH}}} = 1.7 \frac{T_{\text{RH}}}{10^7 \text{ GeV}} \left( \frac{10^{11} \text{ GeV}}{f_a} \right)^2 \left. \frac{\gamma_a}{T^6 \zeta(3) / (2\pi)^5 f_a^2} \right|_{T=T_{\text{RH}}}$$



# • Thermalized ALPs as HDM

In our case, the ALP is thermalized until the temperature drops down to the weak scale,

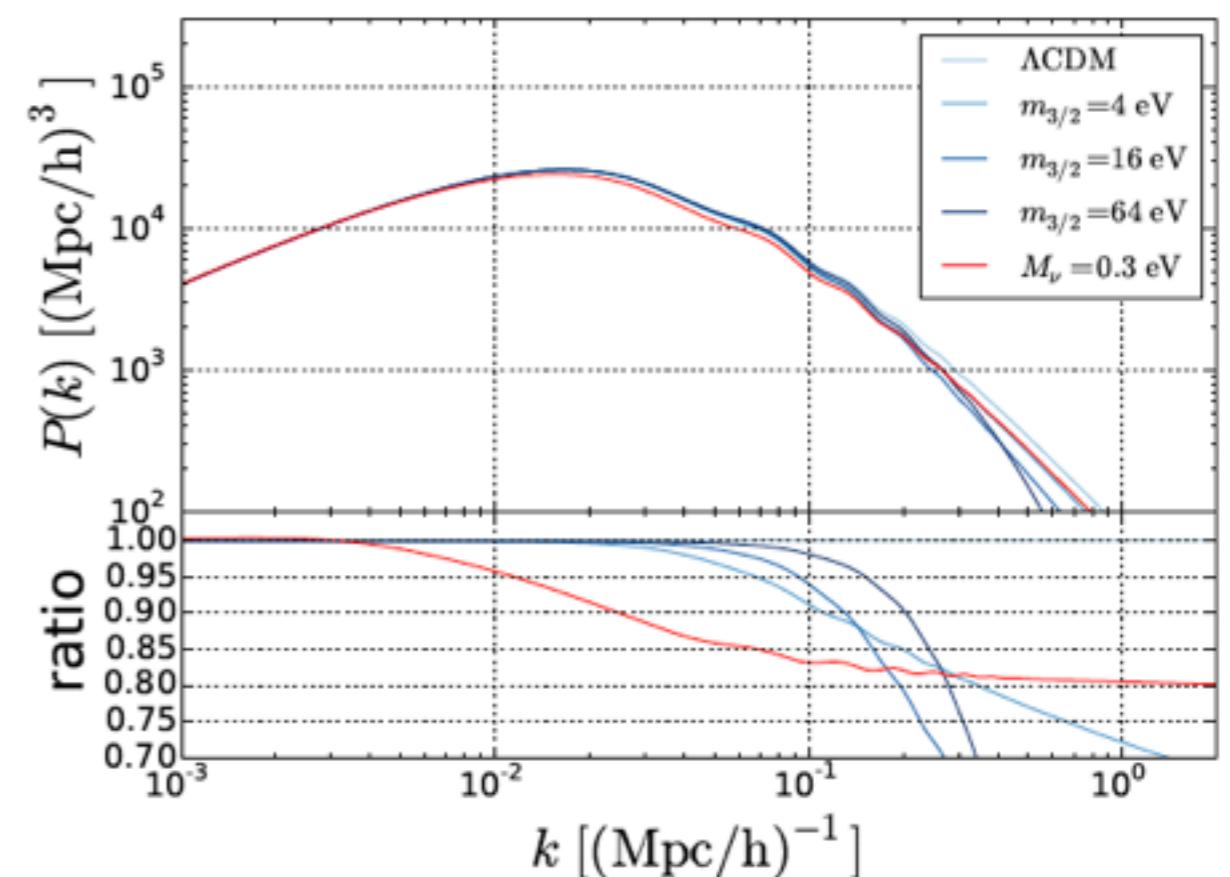
$$r \sim \left( \frac{T}{80 \text{ GeV}} \right) \left( \frac{8 \times 10^6 \text{ GeV}}{f/c_2} \right)^2$$

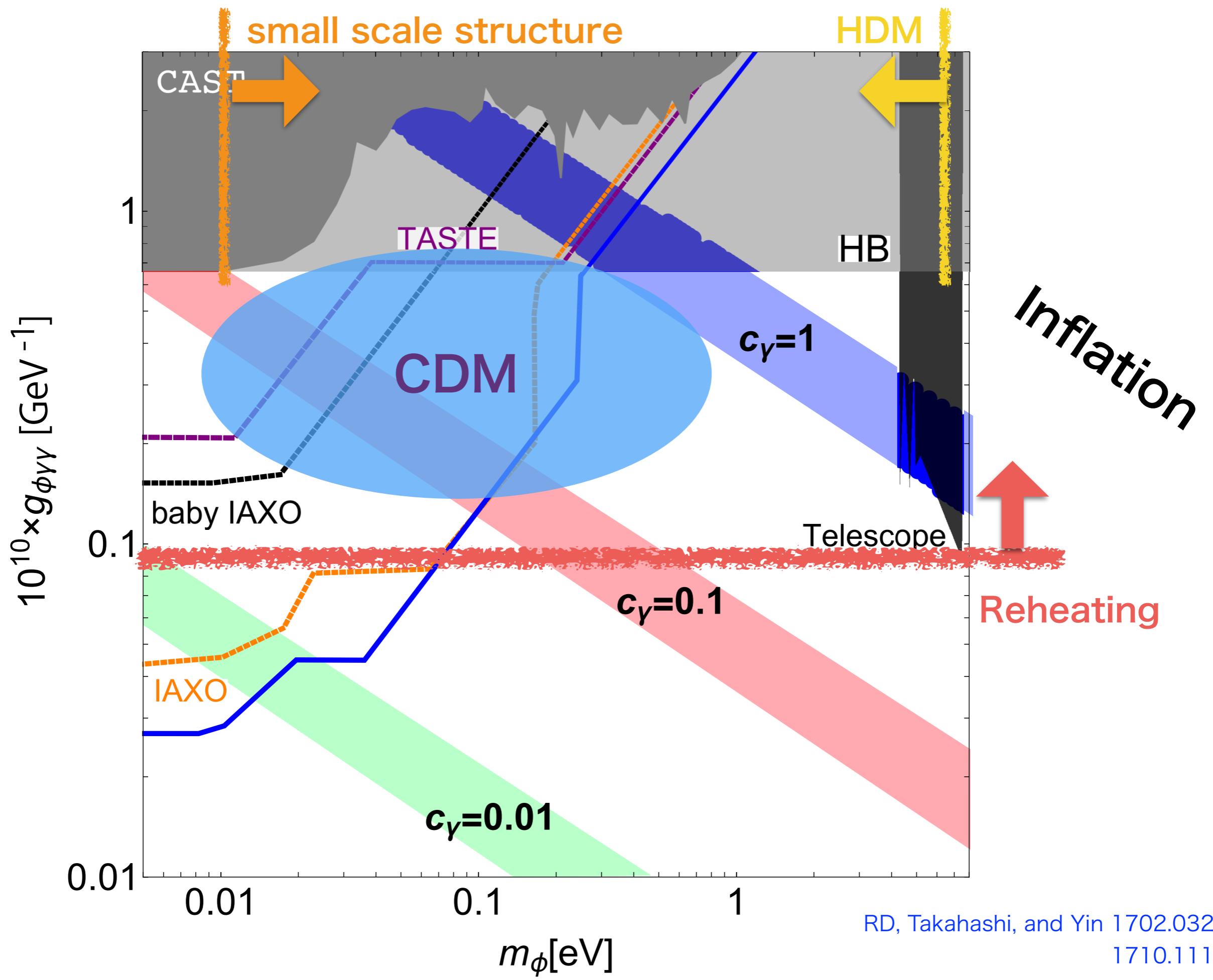
The thermalized ALPs contribute to HDM with  $\Delta N_{\text{eff}} \simeq 0.03$

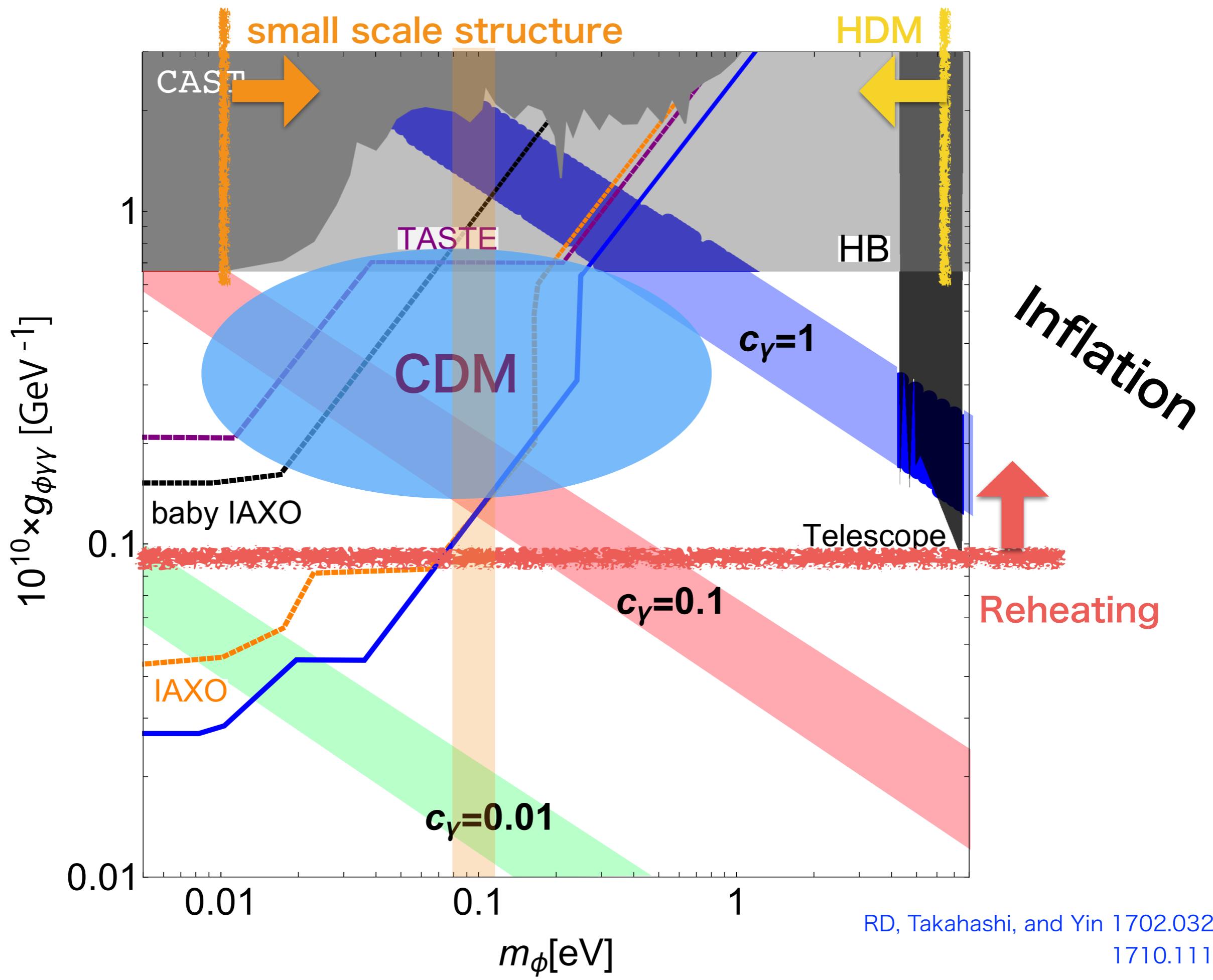
Upper bound on the mass:

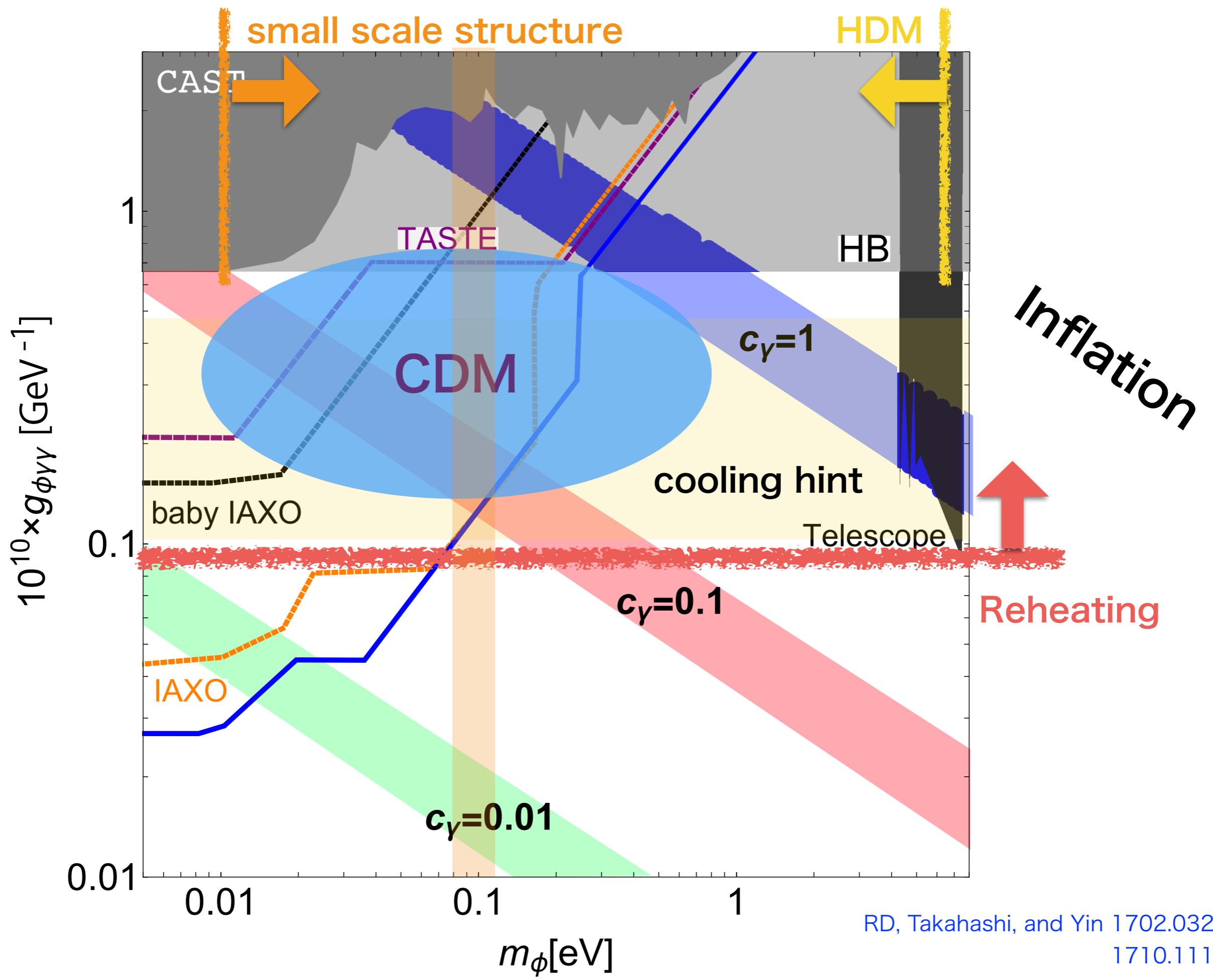
$$m_\phi < m_{\phi, \text{HDM}}^{\text{bound}} \simeq 7.7 \text{ eV} \left( \frac{0.03}{\Delta N_{\text{eff}}} \right)^{3/4}$$

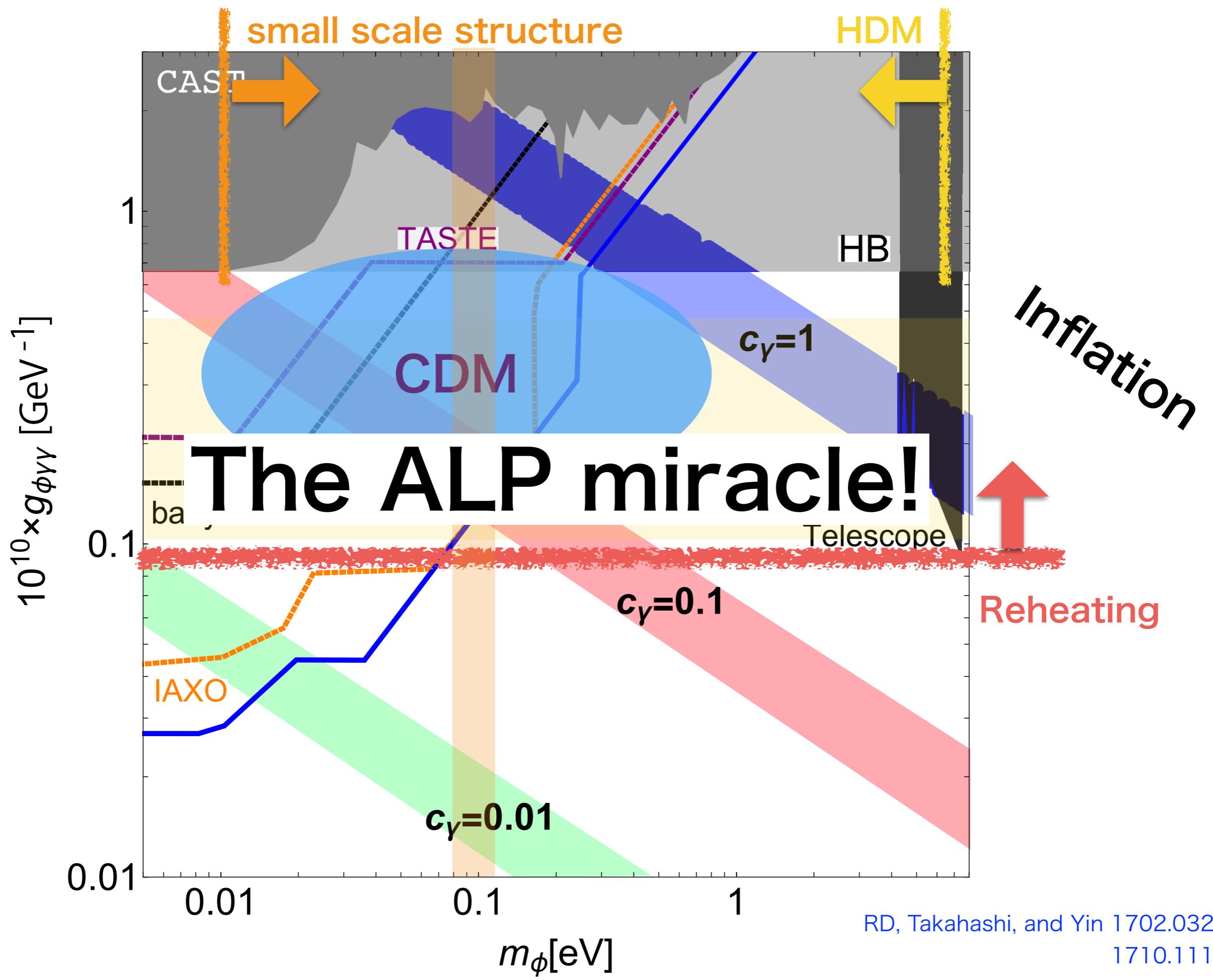
K. Osato, T. Sekiguchi, M. Shirasaki, et al, 1601.07386











# Summary

- **Inflaton = DM = Axion-like particle (ALP)**
- The observed CMB and LSS data fix the relation between the mass and decay constant.
- Successful inflation, reheating and DM abundance point to

$$0.01 \text{ eV} \lesssim m_\phi \lesssim 1 \text{ eV}, \quad g_{\phi\gamma\gamma} = \mathcal{O}(10^{-11}) \text{ GeV}^{-1}$$

within the reach of IAXO.

- Interestingly, there are some anomalies which can be interpreted as a hint for the ALP in the ALP miracle region.